





Suite 110, 151 Canada Olympic Road S.W. Calgary AB T3B 6B7

t | 403-777-7329 nss main office@pallisersd.ab.ca

Bulletin #6 October 6, 2025

Important Dates:

Oct 1-Nov 7: Jacket Racket Donations

Oct 6-Nov 14: Remembrance Day Food Drive

Oct 13: No School - Happy Thanksgiving!

Oct 14: Medical Hall of Fame meeting at lunch/RM

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Oct 15: Practice SAT

Oct 21: Europe Trip Parent Meeting 6:00 pm

Oct 22: Medical Hall of Fame for selected students

Oct 23: Picture Retakes with LifeTouch

Ann Kilbreath: In the event of a teacher strike, Ann will be available to students who need support for University applications. You can reach her at ann.kilbreath@pallisersd.ab.ca. Ann can set up a phone call, Google Meet or email correspondence. Grade 12's, please keep an eye on your Classroom for Class of 2026 for updates on upcoming Open Houses and scholarship information.

Message from our School Counselors:

Jennifer Galambos is available at the NSS to provide support to students and families during the teacher strike. Counselling services are available in-person, or virtual, according to your preference. Feel free to contact Jen at jennifer.galambos@pallisersd.ab.ca

Perri Ford is available for appointments during school hours Tues-Fri please use the link on the school website to book:

https://nss.pallisersd.ab.ca/services/mental-performa nce-consultant or email Perri perri.ford@pallisersd.ab.ca. Sessions will be held using Zoom.

Medical Hall of Fame: Students successful in registering for the Medical Hall of Fame please meet Tuesday, Oct 14 at lunch to plan your visit. The meeting may be canceled due to the teacher strike.

Remembrance Day Food Drive: Make sure to donate to the Veterans' food bank! Opens on Monday, October 6 and closes on Friday, November **14**. Food donations can still be dropped off at the main office during the teacher strike.

Jacket Racket: NSS will be collecting used winter clothing to support Calgary students that are in need. Donations of clean used winter jackets, snow pants, hats and mittens can still be dropped off at the main office during the teacher strike until Friday, **November 7.** Thank you for your support!

Practice SAT: NSS offers a practice SAT. We will be holding the test on Wednesday, October 15, in the morning. We have limited spots available. Please see Ms. Kilbreath in the main student area to sign up. If you are registered, we will inform you of any schedule changes due to the teacher strike.

Picture Re-Takes with LifeTouch: Please ensure that you have your photo taken on Thursday, October 23, If you did not get it taken in September. Even if you do not intend to order any prints!! These photos are used for your school ID cards and our yearbook. Thank you!





National Sport School

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Spring Break Europe Trip: Parent meeting may be canceled due to the Teachers Strike. Please see weekly bulletins for updates. Ms. Sharda, Ms. Kehler and Mr. Pentney, along with EF Tours, are planning to take a group of Grade 11 and 12s to Berlin, Amsterdam, Vimy Ridge, Normandy, and Paris. If you are interested in going on this amazing trip, please register for our Parent meeting on Tuesday, October **21st at 6:00 pm.** See promotional poster at the bottom of the bulletin.

Post Secondary Open House-Fall 2025: Please see the button of the bulletin for dates, locations and how to register. If you have any questions, please see Ms. Kilbreath in the student open area.

Student Success:

We love to share your successes with you. Send a written summary with a photo of your successes to nss main office@pallisersd.ab.ca

Garden Café: This week's Garden Café specials for

October 06-09

Mon: Crispy Chicken Caesar Wrap - \$10 Tues: Chicken Fingers & Fries - \$11 Wed: Grilled Cheese & Bacon - \$8

Thurs: Hot Dog & Fries - \$8

October 13-October 16

Mon: Beef or Veggie Burger & Fries - \$11

Tues: Poutine - \$7 Wed: BLT - \$8

Thurs: Taco in a bag - \$7 Available every weekday: Small Chicken Power Bowl - \$10 Please note prices do not include GST.

Reminder that students are to use the bench tables down the hall to eat their lunch. Show your studentID to receive your discount.