



winSPORT™



Palliser
Regional Schools

National Sport School
Suite 110, 151 Canada Olympic Road S.W.
Calgary AB T3B 6B7

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Bulletin #33 May 13, 2025

Important Dates:

May 7 -13: KidSport Bins for donation
May 13: Silent Auction for Kidsport Closes 8:00 pm
May 14: Gr. 11 & 12 Holocaust Symposium
May 15: NSS 30th Anniversary Celebration
May 16: No School for Students PD Day
May 19: No School
May 21: Parent Council Meeting, 6:30 pm, Room 121
May 20: Jr. High Track Meet
May 22: No School Parking, arena parking only. No "U" drop off.
May 24: Sr. High Track Meet
May 29: Jr. High Track Meet
May 30: Deadline for Grad Banquet Ticket Purchase
May 30: Deadline for Yearbook Quotes
June 12: Education USA Pre-Departure Orientation

Revised Exam Schedule: Please see bottom of bulletin for full revised June exam schedule.

NSS 30th Anniversary Celebration: We look forward to welcoming current students and their families along with staff, alumni, sponsors, supporters and all other stakeholders at this special event. Please join us on **Thursday, May 15, from 7:00 pm to 10:00 pm** in the Legacy Room in WinSport's Markin MacPhail Centre. [Click here](#) for ticket purchases.

Summer CALM Classes: CALM is a required high school course. It is offered at NSS through our partner online school Palliser Beyond Borders. Contact Mrs. Kilbreath if you would like to register to take this class in summer school.
ann.kilbreath@pallisersd.ab.ca

Diploma Prep: You can now book with the following Diploma prep organizations.

<https://diplomaprep.com/> - Alberta Diploma Prep
<https://rtdlearning.com/> - Rock the Diploma
<https://renert.com/diploma-review/> - Renert Diploma Prep
<https://diploma.calgaryacademy.com/> - Calgary Academy Diploma Prep
Calgary Public Library offers access to the [The Key Study Guides](#) (need a Calgary Public Library Card).

Event Centre Parking: There will be a Large graduation **May 22nd** The Event Centre is expected to draw upwards of 3,000-4,000 guests. WinSport will provide more details as it gets closer. However:

- The event will run from 8 a.m. to noon, with graduates arriving closer to 7 a.m.
- Parking in the west overflow lot will be reserved for the graduation
- Allow extra time when entering the park in the morning or consider working from home if it's possible
- The upper and lower tower lots will be available to tenants
- NSS students will be asked to park in the MMC Players' lot
- Paid parking is in effect for the graduation, so tenants are asked to let attendants know they are working in the building
- Parents are asked Not to Drop off or Pick up students at the U during the times listed for this event



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Athletic Development Class: Red gym shirts are mandatory for use during Athletic Development and Physical Education classes. Red shirts can be purchased for \$15.00. Please visit the office if you are interested. Students that have signed out shorts and or shirts, please return them to the main office or there will be a fee for unreturned items.

Message from WinSport: The open area in front of the Paskapoo Rooms on the 2nd floor of the Markin MacPhail Centre is NOT for student lounging! Please use the picnic tables by the Garden Cafe.

Students are NOT permitted on the ice level unless they have scheduled practice sessions.

Summer is just around the corner, so action on the WinSport campus is about to heat up. With Downhill Karting opening on **May 17th**, mini-golf on **May 31st**, mountain biking on **June 21st**, and summer camps in July, the park will be busy. Please adhere to all speed signs.

Sign In/Out Sheets: There has been an increase in students not using the SIGN IN/OUT sheets. If you are leaving early or arriving late please make sure to use the SIGN IN/OUT sheets at the front office. If you do not, you will be marked absent!!

Track and Field: Jr. High track meet dates are **May 20th & 29th**, Sr. High track meet dates are **May 12th & 24th**. If you have any questions, please see Mr. B in the Phys. Ed office at lunch or after school.

Education USA Pre-Departure Orientation:

For any students who have been accepted and plan to study in the USA this fall, this upcoming free webinar is designed to support students transitioning to a U.S. university. [REGISTER HERE](#) **Thursday, June 12th** from 6:30 -7:30 pm ET

Girls Only Lunch: Introducing NSS Girls in Sport Lunches starting today! Join us **every Tuesday** in **Room 112** for "Girls Only Lunch", this is a space to bring your lunch and hang out with other female athletes in the school. All grades are welcome, discussions are casual and student led. Can't wait to see you there!

All Things Grad: Next Grad meeting will be at lunch on **Thursday, May 15th** in room 121 for all speakers only.

All grads should complete their Grad quote and submit their baby photo and sport photo to Kierra Tai email asap: kierra.tai@prs26.ca

Deadline for Graduation Banquet Ticket purchases is **Friday, May 30th**. Please submit completed forms to the main office. Last day to submit yearbook quotes is **Friday, May 30th**.

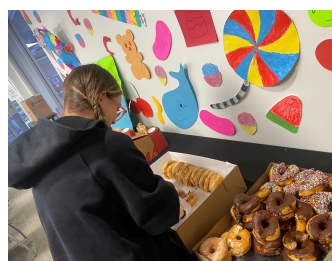
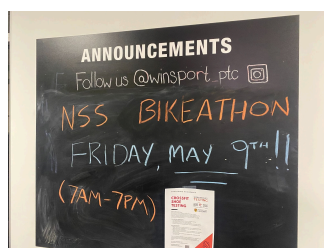
Gratitude Question of the Week: Who is your favorite musician and why do you like their music?

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3rd Annual Bike-A-Thon: Friday, May 9th was an incredibly enjoyable and empowering day. Although we were tucked in the back of the PTC, our students, staff, and community members were dedicated to giving back to other young athletes in our city that do not have the same opportunities that many NSS students have. The wheels were turning! CIHA had three bikes, one for each of their teams, and there was an epic battle for bragging rights to see which team could ride the furthest. The Great 8s showed that while they might be the youngest, they are mighty and full of passion. Other teams included Pentney TA, Bamford and Friends, Student Leadership, Palliser School Division, and two staff teams. Team Sarah had the best costumes, and Too Tired finished their third year straight of riding 7:00 am to 7:00 pm. Too Tired consists mainly of Grade 12 students, and they promised to return next year with an alumni team. Our amazing hosts, the PTC, also had a team which rode from 7:00 am to 7:00 pm (in between their work shifts), and helped to make sure the bikes were set up and ready to go for Friday morning.

Many thanks to our incredible sponsors, and to the donors for our silent auction (don't forget to bid!! Auction closes tonight at 8:00 pm). The donations to the Rider Lounge kept us hydrated and well fed, and the Peter's Fun lunch back at the school was also a success. As of Saturday morning, our fundraising totals were at an amazing \$15,000!! It is not too late to make a donation! The Kidsport collection bin will be at the school until **Wednesday, May 14th** and we are hoping to see more donations of used sports gear for (any sport!).

Thank you so much to our amazing families and students for your support of Kidsport!





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Lost and Found: Please take the time to see if any lost and found items are yours. Everything will go to donation at the end of day **Thursday, May 15th.**



Garden Café: This week's Garden Café specials for **May 12 - May 16**

Mon: Crispy Chicken Caesar Wrap - \$10

Tues: Grilled Cheese & Bacon - \$8

Wed: 7" Pizza - \$8

Thurs: Hot Dog & Fries - \$8

May 19 - May 23

Mon: Beef or Veggie Burger & Fries - \$11

Tues: Taco in a Bag - \$7

Wed: Chicken Fingers & Fries - \$11

Thurs: Poutine - \$7

Available every weekday (both weeks) : Small
Chicken Power Bowl - \$10

Please note prices do not include GST.

Reminder that students are to use the bench tables down the hall to eat their lunch. Show your StudentID to receive your discount.