



**National Sport School**  
Suite 110, 151 Canada Olympic Road S.W.  
Calgary AB T3B 6B7

t | 403-777-7329 [nss\\_main\\_office@pallisersd.ab.ca](mailto:nss_main_office@pallisersd.ab.ca)

## **Bulletin #32 May 6, 2025**

### **Important Dates:**

- May 7 -13:** KidSport Bins for donations
- May 7:** Bikeathon Riders meeting at lunch Room 120
- May 7:** Hats On for Mental Health
- May 8:** Deadline to sign up for Track and Field
- May 9:** Third Annual NSS Bike-A-Thon
- May 9:** Peter's Fun Lunch
- May 12:** Sr. High Track Meet
- May 14:** Gr. 11 & 12 Holocaust Symposium
- May 15:** NSS 30th Anniversary Celebration
- May 21:** Parent Council Meeting, 6:30 pm, Room 121
- May 20:** Jr. High Track Meet
- May 24:** Sr. High Track Meet
- May 29:** Jr. High Track Meet
- May 30:** Deadline for Grad Banquet Ticket Purchase
- May 30:** Deadline for Yearbook Quotes

**Revised Exam Schedule:** Please see bottom of bulletin for full revised June exam schedule.

**NSS 30th Anniversary Celebration:** We look forward to welcoming current students and their families along with staff, alumni, sponsors, supporters and all other stakeholders at this special event. Please join us on **Thursday, May 15, from 7:00 pm to 10:00 pm** in the Legacy Room in WinSport's Markin MacPhail Centre. [Click here](#) for ticket purchases.

**TA Hats On for Mental Health:** On the first Wednesday in May, Albertans are invited to wear a hat to raise awareness of the importance of good mental health.

**Diploma Prep:** You can now book with the following Diploma prep organizations.

- <https://diplomaprep.com/> - Alberta Diploma Prep
  - <https://rtdlearning.com/> - Rock the Diploma
  - <https://renert.com/diploma-review/> - Renert Diploma Prep
  - <https://diploma.calgaryacademy.com/> - Calgary Academy Diploma Prep
- Calgary Public Library offers access to the [The Key Study Guides](#) (need a Calgary Public Library Card).

**Grade 11 & 12 Holocaust Symposium:** Any Grade 11 and 12 students wanting to attend the Holocaust Symposium must have their forms handed in by the end of day on **Monday, May 12th**. Please reach out to the office for permission form if you have not received one. If you have any questions or concerns please reach out to Ms. Kehler or Ms. Sharda.

**Summer CALM Classes:** CALM is a required high school course. It is offered at NSS through our partner online school Palliser Beyond Borders. Contact Mrs. Kilbreath if you would like to register to take this class in summer school. [ann.kilbreath@pallisersd.ab.ca](mailto:ann.kilbreath@pallisersd.ab.ca)

**Athletic Development Class:** Red gym shirts are mandatory for use during Athletic Development and Physical Education classes. Red shirts can be purchased for \$15.00. Please visit the office if you are interested.



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## Bulletin #32 May 6, 2025

**All Things Grad:** Next Grad meeting will be held over lunch on **Thursday, May 8th** in room 121. The final selection of speakers will be determined during the meeting

All grads please submit a baby photo and sport photo to Kierra Tai email asap: [kierra.tai@prs26.ca](mailto:kierra.tai@prs26.ca)

Deadline for Graduation Banquet Ticket purchases is **Friday, May 30th**. Please submit completed forms to the main office. Last day to submit yearbook quotes is **Friday, May 30th**.

Last chance for grad photo retakes.. Be aware of our yearbook deadlines. We encourage students to book early to ensure they are included in your yearbook publication and graduation composite and grad video!

### [SCHEDULE NOW](#)

Lifetouch Prestige - QW Territory

Step 1 - Select your Session Type - Cap and Gown Grade 12 (30 minutes).

Step 2 - Select your Date. Open dates on the calendar are indicated by [blue date links](#).

Step 3 - Select your Time.

Step 4 - Complete the Registration Form.

Step 5 - Confirm your Appointment.

A confirmation email will be sent upon completion of booking. Please note that our Calgary Studio is located at #30, 5329 72 Avenue S.E.

**Girls Only Lunch:** Introducing NSS Girls in Sport Lunches starting today! Join us every Tuesday in **Room 112** for "Girls Only Lunch", this is a space to bring your lunch and hang out with other female athletes in the school. All grades are welcome, discussions are casual and student led. Can't wait to see you there!

**Gratitude Question of the Week:** What memory from this past weekend brings a smile to your face?

**Track and Field:** "NSS Track & Field" If you could not make the meeting held on April 15th please use the QR code below to fill out the Track & Field interest form. [Deadline to sign up is Thursday, May 8th](#). It is strongly encouraged that students do their best to attend at least one practice for their event.

Anybody wanting to run 100m or in a relay must meet with Mr. B this week to perform a time trial to determine who's registered for the event.

Jr. High track meet dates are **May 20th & 29th**, Sr. High track meet dates are **May 12th & 24th**. If you have any questions, please see Mr. B in the Phys. Ed office at lunch or after school.

<https://forms.gle/mVD2HC6HVdRqx4Uy8>





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**Bike-A-Thon:** Today is the **Last Day** to register for the Bike-A-Thon. We will have KidSport bins located at NSS to donate used sports equipment from **Wednesday, May 7th to Tuesday, May 13th.**

The Bike-A-Thon location will be in the PTC.

Rider meeting: **Wednesday, May 7th** at lunch in Room 120. If you can't make the meeting please have one team member see Ms Sceviour anytime on May 7th or 8th.

The online silent auction in support of Kidsport will open on **Thursday, May 8th at 8:00 a.m.** and will close on **Tuesday, May 13th at 8:00 p.m.** We encourage you to explore the variety of items available and to share the auction link with family and friends.

[Bikeathon video](#)

**A Big thank you!** to our Bike-A-thon sponsors. Leeswood Construction, AllRush Print and Apparel, King Engineering, Sundeck Solutions Inc, Spolumbos, Peter's Drive In, Citizen Dental Hygiene, Monster Painting and Renos, Nikstar and Marble Slab.

This year is the 30th anniversary of both KidSport and NSS! Let's make this our best bike-a-thon yet!! All information can be found on our [website](#).

Peter's Fun Lunch can be picked up in the student open area **Friday, May 9th at 1:16 pm.**

**Message from WinSport:** The open area in front of the Paskapoo Rooms on the 2nd floor of the Markin MacPhail Centre is **NOT** for student lounging! Please use the picnic tables by the Garden Cafe.

Students are **NOT** permitted on the ice level unless they have scheduled practice sessions.

**Sign In/Out Sheets:** There has been an increase in students not using the SIGN IN/OUT sheets. If you are leaving early or arriving late please make sure to use the SIGN IN/OUT sheets at the front office. **If you do not, you will be marked absent!!**

**Lost and Found:** Please take the time to see if any lost and found items are yours. Everything will go to donation at the end of day **Thursday, May 15th.**





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## **Bulletin #32 May 6, 2025**

**Garden Café:** This week's Garden Café specials for  
**May 05 - May 08**

Mon: Beef or Veggie Burger & Fries - \$11

Tues: Taco in a Bag - \$7

Wed: Chicken Fingers & Fries - \$11

Thurs: Poutine - \$7

**May 12 - May 16**

Mon: Crispy Chicken Caesar Wrap - \$10

Tues: Grilled Cheese & Bacon - \$8

Wed: 7" Pizza - \$8

Thurs: Hot Dog & Fries - \$8

Available every weekday (both weeks) : Small  
Chicken Power Bowl - \$10

Please note prices do not include GST.

Reminder that students are to use the bench tables  
down the hall to eat their lunch. Show your  
StudentID to receive your discount.

## June 2025 Final Examinations - Grade 10 – 12

Monday, June 9		Tuesday, June 10		Wednesday, June 11		Thursday, June 12		Friday, June 13	
				ELA 30-1 (Part A) ELA 30-2 (Part A) 9:00 - 12:00 Rm. 114 & 117		Social 30-1 (Part A) Social 30-2 (Part A) 9:00 - 12:00 Rms. 117 & 114  Last Day of Classes Grades 10-12		Social 20 (Part A) 9:00 - 12:00 Rms. 113 & 114	
<b>CREDIT RECOVERY = GRADES 10 to 12: FOR THOSE IN JEOPARDY OF NOT EARNING CREDITS FOR THEIR COURSES (scheduled by teacher)</b>									
Monday, June 16		Tuesday, June 17		Wednesday, June 18		Thursday, June 19		Friday, June 20	
<b>CREDIT RECOVERY WEEK = GRADES 10 to 12: FOR THOSE IN JEOPARDY OF NOT EARNING CREDITS FOR THEIR COURSES (scheduled by teacher)</b>									
Math 20-1 9:00 - 12:00 Rms. 113 & 112  Math 20-2 9:00 - 12:00 Rm. 107	Math 31 9:00 - 12:00 Rm. 107  Math 10C 9:00 - 12:00 Rm. 114, 117 & 120	Math 30-1 9:00 - 12:00 Rm. 117  Physics 20 9:00-11:00 Rm. 122	Math 30-2 9:00 - 12:00 Rm. 114	ELA 30-1 (Part B) ELA 30-2 (Part B) 9:00 - 12:00 Rm. 117 & 114	ELA 20 9:00 - 12:00 Rooms 112 & 113 & 120	Social 30-1 (Part B) Social 30-2 (Part B) 9:00 - 11:30 Rms. 117 & 114	Social 20 (Part B) 9:00 - 11:00 Rms. 112 & 113	Bio 30 9:00 - 12:00 Rm. 117 & 114	Bio 20 9:00 - 11:00 Rm. 120 Rm. 112 Rm. 113  Chem 20 9:00 - 11:00 Rm. 121 Rm. 118
Monday, June 23		Tuesday, June 24		Wednesday, June 25		Thursday, June 26		Friday, June 27	
Chem 30 9:00 - 12:00 Rm. 117 & 114		Physics 30 9:00 - 12:00 Rm. 117		2024-2025 Graduation Ceremony		Appeals Day Last Day for Staff		School Closed	

## June 2025 Final Examinations - Grade 8 – 9

Monday, June 2	Tuesday, June 3	Wednesday, June 4	Thursday, June 5	Friday, June 6
<p style="color: blue; text-align: center;">                     ELA (Part A)                      PAT                      9:00 - 10:15                      Rms. 401-406-407                 </p>				
Monday, June 9	Tuesday, June 10	Wednesday, June 11	Thursday, June 12	Friday, June 13
				<p style="color: green; text-align: center;">                     Science 10                      9:00 - 11:00                      Rms. 401-406-407                 </p>
Monday, June 16	Tuesday, June 17	Wednesday, June 18	Thursday, June 19	Friday, June 20
<b>RECOVERY WEEK = GRADES 8 &amp; 9: TO ASSIST THOSE NEEDING SUCCESS SUPPORT (scheduled <u>by teacher</u>)</b>				
<p style="color: blue; text-align: center;">                     ELA (Part B)                      PAT                      9:00 - 10:15                      Rms. 401-406-407                 </p>	<p style="color: blue; text-align: center;">                     Math (Part A)                      PAT                      9:00 - 11:30                      Rms. 401-406-407                 </p>	<p style="color: blue; text-align: center;">                     Math (Part B)                      PAT                      9:00 - 11:30                      Rms. Rms. 401-406-407                 </p>	<p style="color: blue; text-align: center;">                     Social Studies                      PAT                      9:00 - 10:15                      Rm.Rms. 401-406-407                 </p>	<p style="color: red; text-align: center; font-weight: bold;">                     PD Day                      8 &amp; 9                      NO CLASSES                 </p>
Monday, June 23	Tuesday, June 24	Wednesday, June 25	Thursday, June 26	Friday, June 27
<p style="color: blue; text-align: center;">                     Grade 8/9 Activity Day                 </p>	<p style="color: blue; text-align: center;">                     Grade 8/9 Extension Day                 </p>	<p style="color: red; text-align: center; font-weight: bold;">                     PD Day                      8 &amp; 9                      NO CLASSES                      Appeals Day                      Graduation Celebration                 </p>	<p style="color: red; text-align: center;">                     Last Day for Staff                 </p>	



**09 MAY,**  
**2025 7AM**  
7 AM TO 7 PM

**SIGN UP  
NOW!**

# NSS BIKEA THON



**EARLY REG**  
**\$25 (ENDS**  
**APRIL 15) LATE**  
**REG \$35 (END**  
**MAY 6**

## ***Bikeathon FAQs:***

- Bike-A-Thon is located in the PTC this year
- *Do I need to ride for 12 hours? No, the 12 hours of biking is to be covered by your team of riders. You can decide who will ride, when they will ride, and for how long. The recommended team size is 6-8 but any number of riders is allowed.*
- Do I need to be there for 12 hours? No, as long as someone is riding, you do not need to be there for the whole time.
- Where will we be riding? The bikes will be set up in CSI in WinSport. (To be confirmed. Alternate location will be Rink A)
- Will I miss classes? You might miss class while you are riding, but you will not miss all of your classes on May 10. When your team signs up for shifts, try to ride during your spare (if you have one). Teachers are aware that some students will be missing some classes on this day. The main office will have a list of who is riding, and will place an attendance note in Edsby.
- Who can sign up? Your team should be made up of students, teammates, family members, coaches, alumni, etc.
- What if I can't find enough people to make a team? See Mrs Sceviour, and she can put you together with other students who are looking for teammates too.
- Why should I do this? We are very lucky to have the opportunity to take part in many different sports at a high level. Many young Calgarians do not have the money or equipment to play. This is our chance to give back to others!! And it will be fun!!



## Tutorial Times at NSS ~ Semester 2

*Morning - 8:00 to 8:30 A.M.  
After School - 3:00 to 3:30 P.M.*

<b>Teacher</b>	<b>Time #1</b>	<b>Time #2</b>
<b>Anderson</b>	Tuesday at lunch	Wednesday after school
<b>Bamford</b>	Wednesday morning	Thursday after school
<b>Beaudin</b>	Wednesday at lunch	Thursday after school
<b>Biegler</b>	Tuesday after school	Thursday after school
<b>Blake</b>	Monday after school	Wednesday at lunch
<b>Boughton</b>	Tuesday at lunch	Wednesday after school
<b>Brzezinski</b>	Tuesday after school	Thursday after school
<b>Burkart</b>	Tues/Thursday after school	Wednesday morning
<b>Cook</b>	Wednesday after school	Thursday after school
<b>Forsyth</b>	Monday Lunch	Wednesday after school
<b>Howell</b>	Monday after school	Thursday after school
<b>Kehler</b>	Monday at lunch	Thursday before school
<b>Makay</b>	Wednesday at Lunch	Thursday before school
<b>Pentney</b>	Tuesday at Lunch	Wednesday after school
<b>Pratt</b>	Tuesday at lunch	Thursday after school
<b>Robichaud</b>	Monday after school	Thursday before school
<b>Sceviour</b>	Monday at lunch	Wednesday after school
<b>Sharda</b>	Tuesday at Lunch	Thursday after School
<b>Tarney</b>	Monday from 3-4pm	Tuesday from 3-4pm
<b>Turner</b>	Monday at lunch	Tuesday after school
<b>Taven</b>	Thursday at lunch	N.A.
<b>Thomson</b>	Thursday at lunch	Tuesday after school
<b>Zado</b>	Tuesday after school	Thursday after school