



National Sport School
Suite 110, 151 Canada Olympic Road S.W.
Calgary AB T3B 6B7
t | 403-777-7329 nss_main_office@pallisersd.ab.ca

Bulletin #31 April 29, 2025

Important Dates:

- Apr 30:** Deadline for Yearbook Orders
- Apr 30:** Bikeathon Riders meeting at lunch in Room 120 for students who don't have a team.
- May 1:** Grad Meeting at Lunch
- May 1:** Deadline for Grad Quotes
- May 1:** Applications for Dual Credit Deadline
- May 3:** MRU Aviation Day
- May 5:** US University Fair
- May 6:** Course Planning Day - No regular classes
- May 6:** Last Day to Register for Bike-A-Thon
- May 7 -13:** KidSport Bin for donations
- May 7:** Bikeathon Riders meeting at lunch Room 120
- May 9:** Third Annual NSS Bike-A-Thon
- May 9:** Peter's Fun Lunch
- May 15:** NSS 30th Anniversary Celebration
- May 21:** Parent Council Meeting, 6:30 pm, Room 121

NSS 30th Anniversary Celebration: We look forward to welcoming current students and their families along with staff, alumni, sponsors, supporters and all other stakeholders at this special event. Please join us on **Thursday, May 15, from 7:00 pm to 10:00 pm** in the Legacy Room in WinSport's Markin MacPhail Centre. [Click here](#) for ticket purchases.

CALM Classes: CALM is a required high school course. It is offered at NSS through our partner online school Palliser Beyond Borders. Contact Mrs. Kilbreath if you would like to register to take this class in semester 2 or in summer school. ann.kilbreath@pallisersd.ab.ca

Diploma Prep: You can now book with the following Diploma prep organizations.

<https://diplomaprep.com/> - Alberta Diploma Prep
<https://rtdlearning.com/> - Rock the Diploma
<https://renert.com/diploma-review/> - Renert Diploma Prep
<https://diploma.calgaryacademy.com/> - Calgary Academy Diploma Prep
Calgary Public Library offers access to the [The Key Study Guides](#) (need a Calgary Public Library Card).

Dual Credit: Applications for summer and fall dual credit courses will be accepted **until May 1st**. Go to palliseroffcampus.ca/dual-credit to check out the list of over 40 courses available and submit your online application. Open to all current high school students. Grade 12's may apply for summer courses. Talk with [Mrs. Foster](#) if you have any questions.

May 6th Course Planning Day: Teacher Advisors have been scheduling meetings with returning and new students for **Tuesday, May 6th**. The purpose of these meetings is to review the students' course selections for the upcoming 2025-2026 school year and discuss their post-secondary goals. Any necessary adjustments will be made to ensure that the students' course selection aligns with their academic and post-secondary aspirations. Although students initially selected their courses in early March, it is beneficial to revisit these choices together. Therefore, we ask that student-athletes and a parent(s) attend the meeting. Each Teacher Advisor will be contacting parents via email to coordinate a meeting time. Please contact the office if you have any questions at nss_main_office@pallisersd.ab.ca.



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Exam Schedule: Please see bottom of bulletin for full June exam schedule.

MRU Aviation Day: Are you interested in a career in Aviation? Mt. Royal is offering an experience on **Saturday, May 3rd** to explore if a job is for you. [Click here](#) for more information.

US University Fair: A University Fair is coming to Calgary, hosted by CollegeTrackr on **Monday, May 5th** from **6:00 pm to 9:00 pm** at West Island College. This is a great chance to explore your post-secondary options!

This event brings together representatives from universities across the UK, US, and Canada, including the NCAA. You'll also find valuable information on scholarships, admissions processes, and how post-secondary options differ internationally.

If you're a student-athlete or simply curious about studying abroad, this is an event you won't want to miss!

Admission is free, but registration is required. The fair is open to both students and parents.

[Click here to register](#)

Girls Only Lunch: Introducing NSS Girls in Sport Lunches starting today! Join us every Tuesday in **Room 112** for "Girls Only Lunch", this is a space to bring your lunch and hang out with other female athletes in the school. All grades are welcome, discussions are casual and student led. Can't wait to see you there!

All Things Grad: Next Grad meeting will be held over lunch on **Thursday, May 1st** in room 121. Decisions for remaining speaking roles will be decided at the meeting.

All grads please submit a baby photo and sport photo to Kierra Tai email asap: kierra.tai@prs26.ca

Remember to purchase your tickets so all grads can be assigned seating and anyone needing extra tickets has the opportunity to do so.

Please complete your grad Quote in google classroom by **Thursday, May 1st** so we can include it with your yearbook photo.

Last chance for grad photo retakes.. Be aware of our yearbook deadlines. We encourage students to book early to ensure they are included in your yearbook publication and graduation composite and grad video!

[SCHEDULE NOW](#)

- Lifetouch Prestige - QW Territory
- Step 1 - Select your Session Type - Cap and Gown Grade 12 (30 minutes).
 - Step 2 - Select your Date. Open dates on the calendar are indicated by [blue date links](#).
 - Step 3 - Select your Time.
 - Step 4 - Complete the Registration Form.
 - Step 5 - Confirm your Appointment.

A confirmation email will be sent upon completion of booking. Please note that our Calgary Studio is located at #30, 5329 72 Avenue S.E.



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NSS Yearbooks: Deadline for yearbook orders is **Wednesday, April 30th**. Place your order today to preserve the memories of your most cherished years. Each student may order one yearbook online through [SchoolCash](#) or pay with cash in the main office. The cost of a yearbook is **\$35**. If you wish to order more than one, please contact the office for assistance. Yearbooks will be available for pickup in mid-September 2025.

Track and Field: "NSS Track & Field" If you could not make the meeting held on April 15th please use the QR code below to fill out the Track & Field interest form. Jr. High track meet dates are **May 20th & 29th**, Sr. High track meet dates are **May 12th & 24th**. If you have any questions, please see Mr. B in the Phys. Ed office at lunch or after school.

<https://forms.gle/mVD2HC6HVdRqx4Uy8>



TA Egg hunt winners: TA class winners for this year's Egg Hunt: Mr. Bamford and Mr. Zado. Prizes will be distributed **Tuesday, May 13th**.

Gratitude Question of the Week: What new skill, hobby or habit are you most grateful for starting this year



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Bike-A-Thon: Last day to register for the Bike-A-Thon is **Tuesday, May 6th**. We will have KidSport bins located at NSS to donate used sports equipment from **Wednesday, May 7th to Tuesday, May 13th**. The Bike-A-Thon location will be in the PTC.

Please see the bottom of the bulletin for FAQ's.

Rider meeting for **students who do not have a team** Wednesday, April 30th at lunch in Room 120.

Rider meeting: **Wednesday, May 7th** at lunch in Room 120. If you can't make the meeting please have one team member see Ms Sceviour anytime on May 7th or 8th.

Online Silent Auction in support of Kidsport opens **Thursday, May 8th**.

[Bikeathon video](#)

A **Big thank you!** to our Bike-A-thon sponsors. Leeswood Construction, AllRush Print and Apparel, King Engineering, Sundeck Solutions Inc, Spolumbos, Peter's Drive In, Citizen Dental Hygiene, Monster Painting and Renos, Nikstar and Marble Slab.

This year is the 30th anniversary of both KidSport and NSS! Let's make this our best bike-a-thon yet!! All information can be found on our [website](#).

Peter's Fun Lunch can be picked up in the student open area **Friday May 9th at 1:16 pm**

Garden Café: This week's Garden Café specials for **April 28 - May 02**

Mon: Crispy Chicken Caesar Wrap - \$10

Tues: Grilled Cheese & Bacon - \$8

Wed: 7" Pizza - \$8

Thurs: Hot Dog & Fries - \$8

May 05 - May 08

Mon: Beef or Veggie Burger & Fries - \$11

Tues: Taco in a Bag - \$7

Wed: Chicken Fingers & Fries - \$11

Thurs: Poutine - \$7

Available every weekday (both weeks) : Small Chicken Power Bowl - \$10

Please note prices do not include GST.

Reminder that students are to use the bench tables down the hall to eat their lunch. Show your StudentID to receive your discount.

TA Dress up day:



Spot the teacher:





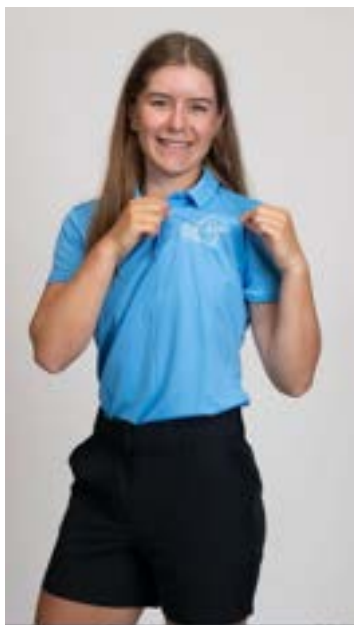
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Student Success: Congratulations to Hannah P. for finishing as the top goalie at the U15AA provincials in the Alberta Elite Female Hockey League and top goalie in Calgary Fire U15AA!



Congratulations to Kali Y. for her announcement to play D1 Golf at Tulane University in New Orleans for fall 2026!





09 MAY,
2025 7AM
7 AM TO 7 PM

SIGN UP NOW!

NSS BIKEA THON



EARLY REG
\$25 (ENDS
APRIL 15) LATE
REG \$35 (END
MAY 6

Bikeathon FAQs:

- Bike-A-Thon is located in the PTC this year
- *Do I need to ride for 12 hours? No, the 12 hours of biking is to be covered by your team of riders. You can decide who will ride, when they will ride, and for how long. The recommended team size is 6-8 but any number of riders is allowed.*
- Do I need to be there for 12 hours? No, as long as someone is riding, you do not need to be there for the whole time.
- Where will we be riding? The bikes will be set up in CSI in WinSport. (To be confirmed. Alternate location will be Rink A)
- Will I miss classes? You might miss class while you are riding, but you will not miss all of your classes on May 10. When your team signs up for shifts, try to ride during your spare (if you have one). Teachers are aware that some students will be missing some classes on this day. The main office will have a list of who is riding, and will place an attendance note in Edsby.
- Who can sign up? Your team should be made up of students, teammates, family members, coaches, alumni, etc.
- What if I can't find enough people to make a team? See Mrs Sceviour, and she can put you together with other students who are looking for teammates too.
- Why should I do this? We are very lucky to have the opportunity to take part in many different sports at a high level. Many young Calgarians do not have the money or equipment to play. This is our chance to give back to others!! And it will be fun!!

June 2025 Final Examinations - Grade 10 – 12

Monday, June 9		Tuesday, June 10		Wednesday, June 11		Thursday, June 12		Friday, June 13	
				ELA 30-1 (Part A) ELA 30-2 (Part A) 9:00 - 12:00 Rm. 114 & 117		Social 30-1 (Part A) Social 30-2 (Part A) 9:00 - 12:00 Rms. 117 & 114 Last Day of Classes Grades 10-12		Social 20 (Part A) 9:00 - 12:00 Rms. 113 & 114	
								CREDIT RECOVERY = GRADES 10 to 12: FOR THOSE IN JEOPARDY OF NOT EARNING CREDITS FOR THEIR COURSES (scheduled by teacher)	
Monday, June 16		Tuesday, June 17		Wednesday, June 18		Thursday, June 19		Friday, June 20	
CREDIT RECOVERY WEEK = GRADES 10 to 12: FOR THOSE IN JEOPARDY OF NOT EARNING CREDITS FOR THEIR COURSES (scheduled by teacher)									
Math 20-1 9:00 - 12:00 Rms. 113 & 112 Math 20-2 9:00 - 12:00 Rm. 117	Math 31 9:00 - 12:00 Rm. 107 Math 10C 9:00 - 12:00 Rm. 401 & 406 & 407	Math 30-1 9:00 - 12:00 Rm. 117 Physics 20 9:00-11:00 Rm. 122	Math 30-2 9:00 - 12:00 Rm. 114	ELA 30-1 (Part B) ELA 30-2 (Part B) 9:00 - 12:00 Rm. 117 & 114	ELA 20 9:00 - 12:00 Rooms 112 & 113 & 120	Social 30-1 (Part B) Social 30-2 (Part B) 9:00 - 11:30 Rms. 117 & 114	Social 20 (Part B) 9:00 - 11:00 Rms. 112 & 113	Bio 30 9:00 - 12:00 Rm. 117 & 114	Bio 20 9:00 - 11:00 Rm. 120 Rm. 112 Rm. 113 Chem 20 9:00 - 11:00 Rm. 121 Rm. 118
Monday, June 23		Tuesday, June 24		Wednesday, June 25		Thursday, June 26		Friday, June 27	
Chem 30 9:00 - 12:00 Rm. 117 & 114		Physics 30 9:00 - 12:00 Rm. 117		2024-2025 Graduation Ceremony		Appeals Day Last Day for Staff		School Closed	

June 2025 Final Examinations - Grade 8 – 9

Monday, June 9	Tuesday, June 10	Wednesday, June 11	Thursday, June 12	Friday, June 13
			<p style="text-align: center;"> ELA (Part B) PAT 9:00 - 10:15 Rms. 401-406-407 School will resume in the afternoon as usual </p>	<p style="text-align: center;"> Math (Part A) PAT 9:00 - 11:30 Rms. 401-406-407 School will resume in the afternoon as usual </p>
Monday, June 16	Tuesday, June 17	Wednesday, June 18	Thursday, June 19	Friday, June 20
RECOVERY WEEK = GRADES 8 & 9: TO ASSIST THOSE NEEDING SUCCESS SUPPORT (scheduled <u>by teacher</u>)				
<p>Tutorial Day</p>	<p style="text-align: center;"> Math (Part B) PAT 9:00 - 11:30 Rms. Rms. 401-406-407 </p>	<p style="text-align: center;"> Social Studies PAT 9:00 - 10:15 Rm.Rms. 401-406-407 </p>	<p style="text-align: center;"> Science 10 9:00 - 11:00 Rms. 401-406-407 </p>	<p style="color: red; font-weight: bold;"> PD Day 8 & 9 NO CLASSES </p>
Monday, June 23	Tuesday, June 24	Wednesday, June 25	Thursday, June 26	Friday, June 27
<p style="color: blue;">Grade 8/9 Activity Day</p>	<p style="color: blue;">Grade 8/9 Extension Day</p>	<p style="text-align: center; color: red; font-weight: bold;"> PD Day 8 & 9 NO CLASSES </p> <p style="text-align: center;"> Appeals Day Graduation Celebration </p>	<p style="text-align: center; color: red; font-weight: bold;"> Last Day for Staff </p>	

Tutorial Times at NSS ~ Semester 2

*Morning - 8:00 to 8:30 A.M.
After School - 3:00 to 3:30 P.M.*

Teacher	Time #1	Time #2
Anderson	Tuesday at lunch	Wednesday after school
Bamford	Wednesday morning	Thursday after school
Beaudin	Wednesday at lunch	Thursday after school
Biegler	Tuesday after school	Thursday after school
Blake	Monday after school	Wednesday at lunch
Boughton	Tuesday at lunch	Wednesday after school
Brzezinski	Tuesday after school	Thursday after school
Burkart	Tues/Thursday after school	Wednesday morning
Cook	Wednesday after school	Thursday after school
Forsyth	Monday Lunch	Wednesday after school
Howell	Monday after school	Thursday after school
Kehler	Monday at lunch	Thursday before school
Makay	Wednesday at Lunch	Thursday before school
Pentney	Tuesday at Lunch	Wednesday after school
Pratt	Tuesday at lunch	Thursday after school
Robichaud	Monday after school	Thursday before school
Sceviour	Monday at lunch	Wednesday after school
Sharda	Tuesday at Lunch	Thursday after School
Tarney	Monday from 3-4pm	Tuesday from 3-4pm
Turner	Monday at lunch	Tuesday after school
Taven	Thursday at lunch	N.A.
Thomson	Thursday at lunch	Tuesday after school
Zado	Tuesday after school	Thursday after school