



**National Sport School**  
Suite 110, 151 Canada Olympic Road S.W.  
Calgary AB T3B 6B7  
t | 403-777-7329 [nss\\_main\\_office@pallisersd.ab.ca](mailto:nss_main_office@pallisersd.ab.ca)

## **Bulletin #28 April 8, 2025**

### **Important Dates:**

- Apr 7 - Apr 14:** Grad Photos
- Apr 8:** Parent Student Teacher Interview bookings close end of day
- Apr 9:** Graduation Contract Due Date
- Apr 10:** Grad meeting
- Apr 10 & 11:** Parent, Student, Teacher Interviews
- Apr 11:** No School Gr. 8s & 9s
- Apr 12:** Youth Volunteer Fair
- Apr 15:** Report Cards
- Apr 15:** Early Registration for Bike-A-Thon closes
- Apr 16:** Due date for MC and Valedictory applications
- Apr 16-May 6:** Late Registration for Bike-A-Thon
- Apr 17:** Summer Chrome Course Registration
- Apr 18:** No School Good Friday
- Apr 21:** No School Easter Monday
- Apr 22:** TA Easter Egg Hunt
- Apr 23:** TA Dress Up Day-Wacky Wednesday
- Apr 29:** Earth Day Clean-Up
- Apr 30:** Deadline for for Yearbook Orders
- May 9:** Third Annual NSS Bike-A-Thon
- May 15:** NSS 30th Anniversary Celebration

**NSS 30th Anniversary Celebration:** We look forward to welcoming current students and their families along with staff, alumni, sponsors, supporters and all other stakeholders at this special event.

Please join us on **Thursday, May 15, from 7:00 pm to 10:00 pm** in the Legacy Room in WinSport's Markin MacPhail Centre. [Click here](#) for ticket purchases.

**Exam Schedule:** Please see bottom of bulletin for full June exam schedule.

**Summer School:** Registration for summer school with Palliser Beyond Borders is [now open](#). Courses run from **July 2nd - 30th**. Register early as some courses fill quickly. See Mrs. Kilbreath for details. **Please note:** Withdrawal/Cost Recovery Fee - \$200 if after June 13th. For information about [Summer Chrome Course](#) please see bottom of bulletin

**Parent Student Teacher Interviews:** Check and click the bookings tab to see the availability for your students' teachers. Please note, if your student has the same teacher for more than one class, only one booking is required. You can reach out to the office at [nss\\_main\\_office@pallisersd.ab.ca](mailto:nss_main_office@pallisersd.ab.ca) if you are experiencing issues or need access to Edsby. Interview bookings will close at the end of the day on **Tuesday, April 8th**.

If you're interested in booking an appointment with Charlene Foster to discuss Off Campus programs including Dual Credit, Green Certificate, RAP (Registered Apprenticeship Program) and Work Experience, please schedule a time to meet online at [cfoster.youcanbook.me](https://cfoster.youcanbook.me).

Charlene Foster is available to meet in person on Wednesdays, or online any other day. If you'd prefer to meet outside of the times listed, please email Charlene at [charlene.foster@pallisersd.ab.ca](mailto:charlene.foster@pallisersd.ab.ca) to arrange a time.



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**CALM Classes:** CALM is a required high school course. It is offered at NSS through our partner online school Palliser Beyond Borders. Contact Mrs. Kilbreath if you would like to register to take this class in semester 2 or in summer school.  
[ann.kilbreath@pallisersd.ab.ca](mailto:ann.kilbreath@pallisersd.ab.ca)

**All Things Grad:** Please [click here](#) or see bottom of bulletin to book your Grad Photo sitting then follow the instructions below:  
**Select Province/Enter City** - Click on **Go**  
**Select School** - Click on **National Sport School**  
**Enter First/Last Name** - Click on **Search**  
Click **Schedule your appointment** - follow prompts to complete booking  
Photos will take place **April 7th, 8th, 9th, 10th, 11th and 14th** on the 4th floor in the student open area.

Next Grad meeting will be held over lunch **Thursday, April 10th** in room 121 regarding Tickets. You must have your grad contract signed and submitted in order to purchase tickets.

If you are interested in applying to MC or give a Valedictory address - See Ms. Biegler this week for an application. It is due **Thursday, April 16th at 3:00 pm.**  
[Click here](#) for All Things Grad

**Graduation Contract:** (Mandatory) Each graduate and parent(s) will be required to sign this graduation contract via TUIO. If you need support with the contract please email the main office.  
[nss\\_main\\_office@pallisersd.ab.ca](mailto:nss_main_office@pallisersd.ab.ca)  
Due date: **Wednesday, April 9th.**

**Gratitude Question of the Week:** What was your favorite moment from this year's Spring Break?

**Driving and Parking:** Please adhere to the speed limits in the WinSport parking area and surrounding zones.  
Student parking is located to the south of the Canada Hall of Fame. You can also use the gravel lot to the West.  
Please note that parking in the 2-hour designated spots is not permitted. Thank you for your cooperation.

**NSS Yearbooks:** Place your order today to preserve the memories of your most cherished years. Each student may order one yearbook online through [SchoolCash](#) or pay with cash in the main office. The cost of a yearbook is **\$35**. If you wish to order more than one, please contact the office for assistance. Yearbooks will be available for pickup in mid-September 2025.



**Youth Volunteer Fair:** Please see bottom of bulletin for more information.



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**Bike-A-Thon Registration is now Open:**

Ways to participate:

- 1) Sign up as a Rider on [School Cash](#): **\$25** for early registration fee (**up until Tuesday, April 15th**). After **Tuesday, April 15th** the fee rises to **\$35** per rider. Sign up to ride now, we will be collecting team info after spring break.
- 2) Make a donation to KidSport and receive a tax receipt. [Fundraise for KidSport Calgary & Area](#)
- 3) As a sponsor. Donations of \$500 will be recognized on the back of our t-shirt. Please contact [Cheryl Sceviour](#) by **Friday, March 14th** to set up sponsorship.
- 4) Donate an item to our online silent auction. Please contact [Jon Pentney](#) if you have something to donate.

This year is the 30th anniversary of both KidSport and NSS! Let's make this our best bike-a-thon yet!! All information can be found on our [website](#).

**Community Education Services:** Families interested in registering please scan QR codes.

**Community Education Service**

- Substance Use & Youth: Trends, Risks & Offering Support**  
 April 17, 2024 8:30 AM  
 Scan here to register
- Vaping & Youth**  
 April 17, 2024 8:30 AM  
 Scan here to register
- Digital Dilemma: The Impact of Screens, Social Media, and Gaming on Youth**  
 April 23, 2024 8:30 AM  
 Scan here to register

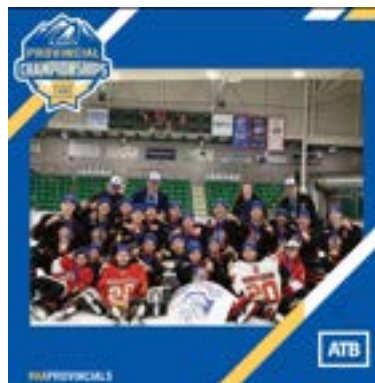
This 3-part presentation by the Community Health Promotion Services team (CHPS) addresses important issues affecting youth from the 12 weeks focused on helping parents, caregivers, and mentors engage in conversations about substance use, including alcohol and cannabis, to support informed decision-making; the 2nd session covers the rising concern of vaping among youth, providing insights into devices, substances, and strategies for effective conversations, while the 3rd session explores the impact of screen time, social media, and video gaming on youth mental health and well-being, offering practical tips for fostering healthy digital habits.

**Student Success:** Sophia M. Sophia Competed in the Olympic Oval Finale Speed Skating races at the end of March and is now ranked fifth in the world for the B2 division in the 5k distance. Congratulations Sophia!

Congratulations to Cooper C., Jordan W., Jakob G. and Luca M. for winning the U16 AA Provincial Championships with the NWCAA Bronks.



Congratulations to Ty H., Dino M. and Peyton F. for winning the U17 Provincial Championships with the NWCAA AAA Flames.





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**Student Success Continued:** Elicia L. completed in the U18 Nationals in Toronto this past week and won the championship in Singles and second in Doubles. She is now competing in another ITF this week and the week after will be on the Canada junior team participating in the Jr Billie Jean King Cup tournament. Congratulations Elicia!

Congratulations to Cooper N. for securing first place in both DMT and trampoline, and to Yannick L. for achieving second place in DMT and first place in trampoline at the TnT Provincial Cup. Both athletes have now reached the Junior level and are preparing for the Nationals in DMT and trampoline, with the goal of qualifying for the World Age Group Championships in November. Great job - hard work on their skills from both of them!



## **Student Success Continued:**

Results of Team Canada 2025 World Championships- Engadin, Switzerland.

Halfpipe placings

Quincy Barr(2025) - 12th

Dylan Marinneau(2016) - 8th

Brendan Mackay(2015) - 7th

Andrew Longino(2020) - 9th

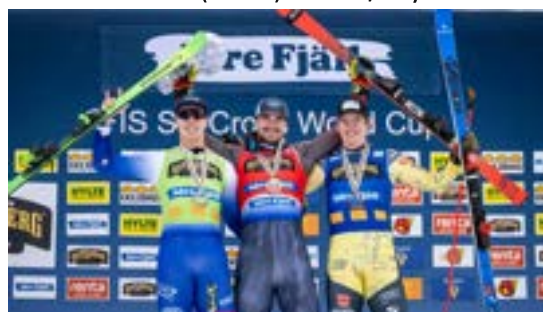
Noah Bowman(2010) - 10th

Congratulations to all!



Skicross

Reece Howden(2017) - Gold/Crystal Globe



<https://olympic.ca/2025/03/30/reece-howden-wins-crystal-globe-in-ski-cross/>



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**Garden Café:** This week's Garden Café specials for

### **April 7- April 11**

Mon: Beef or Veggie Burger & Fries - \$11

Tues: Taco in a Bag - \$7

Wed: Chicken Fingers & Fries - \$11

Thurs: Poutine - \$7

Available every weekday (both weeks) : Small

Chicken Power Bowl - \$10

### **April 14 - April 18**

Mon: Crispy Chicken Caesar Wrap - \$10

Tues: Grilled Cheese & Bacon - \$8

Wed: 7" Pizza - \$8

Thurs: Hot Dog & Fries - \$8

Please note prices do not include GST.

Reminder that students are to use the bench tables

down the hall to eat their lunch. Show your

StudentID to receive your discount.

## June 2025 Final Examinations - Grade 10 – 12

Monday, June 9		Tuesday, June 10		Wednesday, June 11		Thursday, June 12		Friday, June 13	
				ELA 30-1 (Part A) ELA 30-2 (Part A) 9:00 - 12:00 Rm. 114 & 117		Social 30-1 (Part A) Social 30-2 (Part A) 9:00 - 12:00 Rms. 117 & 114  Last Day of Classes Grades 10-12		Social 20 (Part A) 9:00 - 12:00 Rms. 113 & 114	
								<b>CREDIT RECOVERY = GRADES 10 to 12: FOR THOSE IN JEOPARDY OF NOT EARNING CREDITS FOR THEIR COURSES (scheduled by teacher)</b>	
Monday, June 16		Tuesday, June 17		Wednesday, June 18		Thursday, June 19		Friday, June 20	
<b>CREDIT RECOVERY WEEK = GRADES 10 to 12: FOR THOSE IN JEOPARDY OF NOT EARNING CREDITS FOR THEIR COURSES (scheduled by teacher)</b>									
Math 20-1 9:00 - 12:00 Rms. 113 & 112  Math 20-2 9:00 - 12:00 Rm. 117	Math 31 9:00 - 12:00 Rm. 107  Math 10C 9:00 - 12:00 Rm. 401 & 406 & 407	Math 30-1 9:00 - 12:00 Rm. 117  Physics 20 9:00-11:00 Rm. 122	Math 30-2 9:00 - 12:00 Rm. 114	ELA 30-1 (Part B) ELA 30-2 (Part B) 9:00 - 12:00 Rm. 117 & 114	ELA 20 9:00 - 12:00 Rooms 112 & 113 & 120	Social 30-1 (Part B) Social 30-2 (Part B) 9:00 - 11:30 Rms. 117 & 114	Social 20 (Part B) 9:00 - 11:00 Rms. 112 & 113	Bio 30 9:00 - 12:00 Rm. 117 & 114	Bio 20 9:00 - 11:00 Rm. 120 Rm. 112 Rm. 113  Chem 20 9:00 - 11:00 Rm. 121 Rm. 118
Monday, June 23		Tuesday, June 24		Wednesday, June 25		Thursday, June 26		Friday, June 27	
Chem 30 9:00 - 12:00 Rm. 117 & 114		Physics 30 9:00 - 12:00 Rm. 117		2024-2025 Graduation Ceremony		Appeals Day Last Day for Staff		School Closed	

## June 2025 Final Examinations - Grade 8 – 9

Monday, June 9	Tuesday, June 10	Wednesday, June 11	Thursday, June 12	Friday, June 13
			<p style="text-align: center;"> <b>ELA (Part B)</b>  <b>PAT</b>  <b>9:00 - 10:15</b>  <b>Rms. 401-406-407</b>                      School will resume in the afternoon as usual                 </p>	<p style="text-align: center;"> <b>Math (Part A)</b>  <b>PAT</b>  <b>9:00 - 11:30</b>  <b>Rms. 401-406-407</b>                      School will resume in the afternoon as usual                 </p>
Monday, June 16	Tuesday, June 17	Wednesday, June 18	Thursday, June 19	Friday, June 20
<b>RECOVERY WEEK = GRADES 8 &amp; 9: TO ASSIST THOSE NEEDING SUCCESS SUPPORT (scheduled <u>by teacher</u>)</b>				
<p><b>Tutorial Day</b></p>	<p style="text-align: center;"> <b>Math (Part B)</b>  <b>PAT</b>  <b>9:00 - 11:30</b>  <b>Rms. Rms. 401-406-407</b> </p>	<p style="text-align: center;"> <b>Social Studies</b>  <b>PAT</b>  <b>9:00 - 10:15</b>  <b>Rm.Rms. 401-406-407</b> </p>	<p style="text-align: center;"> <b>Science 10</b>  <b>9:00 - 11:00</b>  <b>Rms. 401-406-407</b> </p>	<p style="color: red; font-weight: bold;"> <b>PD Day</b>  <b>8 &amp; 9</b>  <b>NO CLASSES</b> </p>
Monday, June 23	Tuesday, June 24	Wednesday, June 25	Thursday, June 26	Friday, June 27
<p style="color: blue;">Grade 8/9 Activity Day</p>	<p style="color: blue;">Grade 8/9 Extension Day</p>	<p style="text-align: center; color: red; font-weight: bold;"> <b>PD Day</b>  <b>8 &amp; 9</b>  <b>NO CLASSES</b> </p> <p style="text-align: center;"> <b>Appeals Day</b>   <b>Graduation Celebration</b> </p>	<p style="text-align: center; color: red; font-weight: bold;"> <b>Last Day for Staff</b> </p>	



**09 MAY,**  
**2025 7AM**  
7 AM TO 7 PM

**SIGN UP  
NOW!**

# NSS BIKEA THON



**EARLY REG**  
**\$25 (ENDS**  
**APRIL 15) LATE**  
**REG \$35 (END**  
**MAY 6**





**Palliser  
Beyond  
Borders**

# SUMMER CHROME COURSE

Students can complete some summer learning and earn up to 10 credits! And, get a Chromebook!

## Important Info:

- ✓ Register by April 17
- ✓ GO Course (5cr):  
COM1255, LDC1234,  
INF2090
- ✓ Chrome (5cr): INF1070, INF1060,  
INF1030, INF1910, COM1910.
- ✓ Course runs June 27-July 4
- ✓ Chromebooks are collected at  
their Palliser School in Fall 2025.



Call Us  
403-345-4421



Visit Our Website  
[www.palliserbeyondborders.com](http://www.palliserbeyondborders.com)

## Tutorial Times at NSS ~ Semester 2

*Morning - 8:00 to 8:30 A.M.  
After School - 3:00 to 3:30 P.M.*

<b>Teacher</b>	<b>Time #1</b>	<b>Time #2</b>
<b>Anderson</b>	Tuesday at lunch	Wednesday after school
<b>Bamford</b>	Wednesday morning	Thursday after school
<b>Beaudin</b>	Wednesday at lunch	Thursday after school
<b>Biegler</b>	Tuesday after school	Thursday after school
<b>Blake</b>	Monday after school	Wednesday at lunch
<b>Boughton</b>	Tuesday at lunch	Wednesday after school
<b>Brzezinski</b>	Tuesday after school	Thursday after school
<b>Burkart</b>	Tues/Thursday after school	Wednesday morning
<b>Cook</b>	Wednesday after school	Thursday after school
<b>Forsyth</b>	Monday Lunch	Wednesday after school
<b>Howell</b>	Monday after school	Thursday after school
<b>Kehler</b>	Monday at lunch	Thursday before school
<b>Makay</b>	Wednesday at Lunch	Thursday before school
<b>Pentney</b>	Tuesday at Lunch	Wednesday after school
<b>Pratt</b>	Tuesday at lunch	Thursday after school
<b>Robichaud</b>	Monday after school	Thursday before school
<b>Sceviour</b>	Monday at lunch	Wednesday after school
<b>Sharda</b>	Tuesday at Lunch	Thursday after School
<b>Tarney</b>	Monday from 3-4pm	Tuesday from 3-4pm
<b>Turner</b>	Monday at lunch	Tuesday after school
<b>Taven</b>	Thursday at lunch	N.A.
<b>Thomson</b>	Thursday at lunch	Tuesday after school
<b>Zado</b>	Tuesday after school	Thursday after school



# Congratulations, Class of 2025!

Schedule your grad picture session today.

You only graduate once,  
your grad pictures matter.

As a part of the Lifetouch + Shutterfly family, Prestige Photography by Lifetouch is excited to help you celebrate this once-in-a-lifetime event!



#### Step 1

Review your photo session options here and select your favourite.



#### Step 2

Visit [prestigeportraits.ca](https://prestigeportraits.ca) to schedule the session that is right for you.



#### Step 3

Come prepared! Be sure to bring multiple outfits and props to your session.



## BOOK YOUR APPOINTMENT:

National Sports School

Dates: April 7<sup>th</sup>, 8<sup>th</sup>, 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup>, 14<sup>th</sup>, 2025

Notes: Please come to your session 5 minutes prior to start time.

[prestigeportraits.ca](https://prestigeportraits.ca)

**\*\*Please note there is no 8-digit code required for booking, please search by Province and City\*\***

If you have any questions regarding booking an appointment or what to expect please contact us:

780-437-2431



**Where? Calgary Municipal Building (800 Macleod Trail SE)**

**When? April 12, 2025 @ 2 - 5**

**Learn how to gain more volunteer/CAS hours!**

**Workshops to improve your resume**

**Win prizes!**

# Volunteer Fair!

## EVENT HIGHLIGHTS ▾

- Discover organizations that interest you and your friends
- Learn how volunteering sets you apart in applications
- Make new friends and explore new hobbies

**SCAN TO REGISTER**



**CALGARY FOUNDATION**  
FOR COMMUNITY, FOREVER