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# 2023-2024 Three Year Education Results Report

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Vision Statement

“Culture of Excellence”

Mission Statement

*At the National Sport School, we provide a supportive learning environment to enable developing high-performance athletes to mature as self-directed, life-long learners while pursuing excellence in sport.*

**School Profile**

The National Sport School offers Grade 8-12 instruction. The population of the school is 397 as of September 30, 2023, with 134 junior high students and 263 senior high students. The demographics of the school population reflect that of the community, a mix of rural and urban families.

**Mission Statement**

At the National Sport School, we provide a supportive learning environment to enable developing high-performance athletes to mature as self-directed, life-long learners while pursuing excellence in sport.

**Vision**

The National Sport School provides an accessible, supportive, and flexible learning environment. Small class sizes, athlete development, leadership training, and access to onsite sport services set us apart. Our flexible program and exam options benefit busy student-athletes. Student-athletes study and train at world-class training facilities and join our legacy of successful alumni. Our hybrid learning environment combines classroom instruction with online technology. Students are able to continue studies when traveling for training or competition. Students graduate from high school with an exceptional education.

**Division Statement**

Palliser School Division is committed to engendering and supporting the values of the broader society: empathy, integrity, respect, trust, and responsibility. If the children of this community are to realize these values, the division acknowledges its responsibility to provide an exemplary education. It can only do this by establishing a clear sense of the goals it is trying to accomplish, the characteristics of the schools it seeks to provide, and the contributions the various stakeholders must make in order to transform these ideals into reality.

## **Current Context Within The National Sport School**

The National Sport School's 2021-2024 Education Plan outlined the priorities for the school as it aligned with the Palliser School Division for the 2022-2023 School Year. The Assurance Framework provides the structure for building and enhancing public trust and confidence in the school.

## **School Learning Plan Goals for 2022-2023:**

### **Goal #1**

**Jurisdictional Goal:** All Palliser students will engage in intentional and meaningful literacy learning across all aspects of daily living

**School Goal:** Reading comprehension across all disciplines will improve.

### **Goal #2**

**Jurisdictional Goal:** All Palliser students will engage in intentional and meaningful numeracy learning across all aspects of daily living

**School Goal:** Numeracy - constant discussion of 'reasonable' answers.

Good estimates - logic and reason (no negative answers for population, appropriate size for answers, etc.)

Mental math emphasis - especially in Math 9.

Incorporate more practice into numeracy.

### **Goal #3**

**Jurisdictional Goal:** Palliser students will become literate in mental health, gaining knowledge and understanding that will provide them confidence and support in their pursuit of living a healthy life.

**School Goal:** Student resiliency and the ability to manage stress and anxiety will improve.

## Overall Assurance Measures(Spring 2024 Alberta Education Report)

Assurance Domain	Measure	National Sport School			Alberta			Measure Evaluation		
		Current Result	Prev Year Result	Prev 3 Year Average	Current Result	Prev Year Result	Prev 3 Year Average	Achievement	Improvement	Overall
Student Growth and Achievement	<a href="#">Student Learning Engagement</a>	75.8	86.8	87.1	83.7	84.4	84.8	n/a	Declined	n/a
	<a href="#">Citizenship</a>	86.9	84.6	83.2	79.4	80.3	80.9	Very High	Maintained	Excellent
	<a href="#">3-year High School Completion</a>	100.0	n/a	n/a	80.4	80.7	82.4	Very High	n/a	n/a
	<a href="#">5-year High School Completion</a>	n/a	n/a	n/a	88.1	88.6	87.3	n/a	n/a	n/a
	<a href="#">PAT6: Acceptable</a>	n/a	n/a	n/a	n/a	66.2	66.2	n/a	n/a	n/a
	<a href="#">PAT6: Excellence</a>	n/a	n/a	n/a	n/a	18.0	18.0	n/a	n/a	n/a
	<a href="#">PAT9: Acceptable</a>	n/a	78.3	78.3	n/a	62.6	62.6	n/a	n/a	n/a
	<a href="#">PAT9: Excellence</a>	n/a	22.8	22.8	n/a	15.5	15.5	n/a	n/a	n/a
	<a href="#">Diploma: Acceptable</a>	n/a	81.6	81.6	n/a	80.3	80.3	n/a	n/a	n/a
	<a href="#">Diploma: Excellence</a>	n/a	13.0	13.0	n/a	21.2	21.2	n/a	n/a	n/a
Teaching & Leading	<a href="#">Education Quality</a>	86.8	90.2	92.8	87.6	88.1	88.6	Intermediate	Declined	Issue
Learning Supports	<a href="#">Welcoming, Caring, Respectful and Safe Learning Environments (WCRSLE)</a>	92.9	91.7	93.3	84.0	84.7	85.4	n/a	Maintained	n/a
	<a href="#">Access to Supports and Services</a>	93.5	89.4	92.3	79.9	80.6	81.1	n/a	Maintained	n/a
Governance	<a href="#">Parental Involvement</a>	80.9	81.2	84.3	79.5	79.1	78.9	High	Maintained	Good

### Trends and Issues

The data collected is from the previous school year. Due to the National Sport School joining the Palliser School Division in the fall of 2021 not all of the school data is available from Alberta Education.

### Student Learning Engagement

There has been a downward trend in this category over the past year but the 3 year average at NSS is above the Provincial Average. The current year's downward trend is being studied and reviewed by staff and parents. Teachers continue to offer a variety of methods and opportunities for students to actively participate in the learning process.

### Citizenship

There was an increase in reported citizenship at the National Sport School. The 3 year trend is well above the Provincial Average.

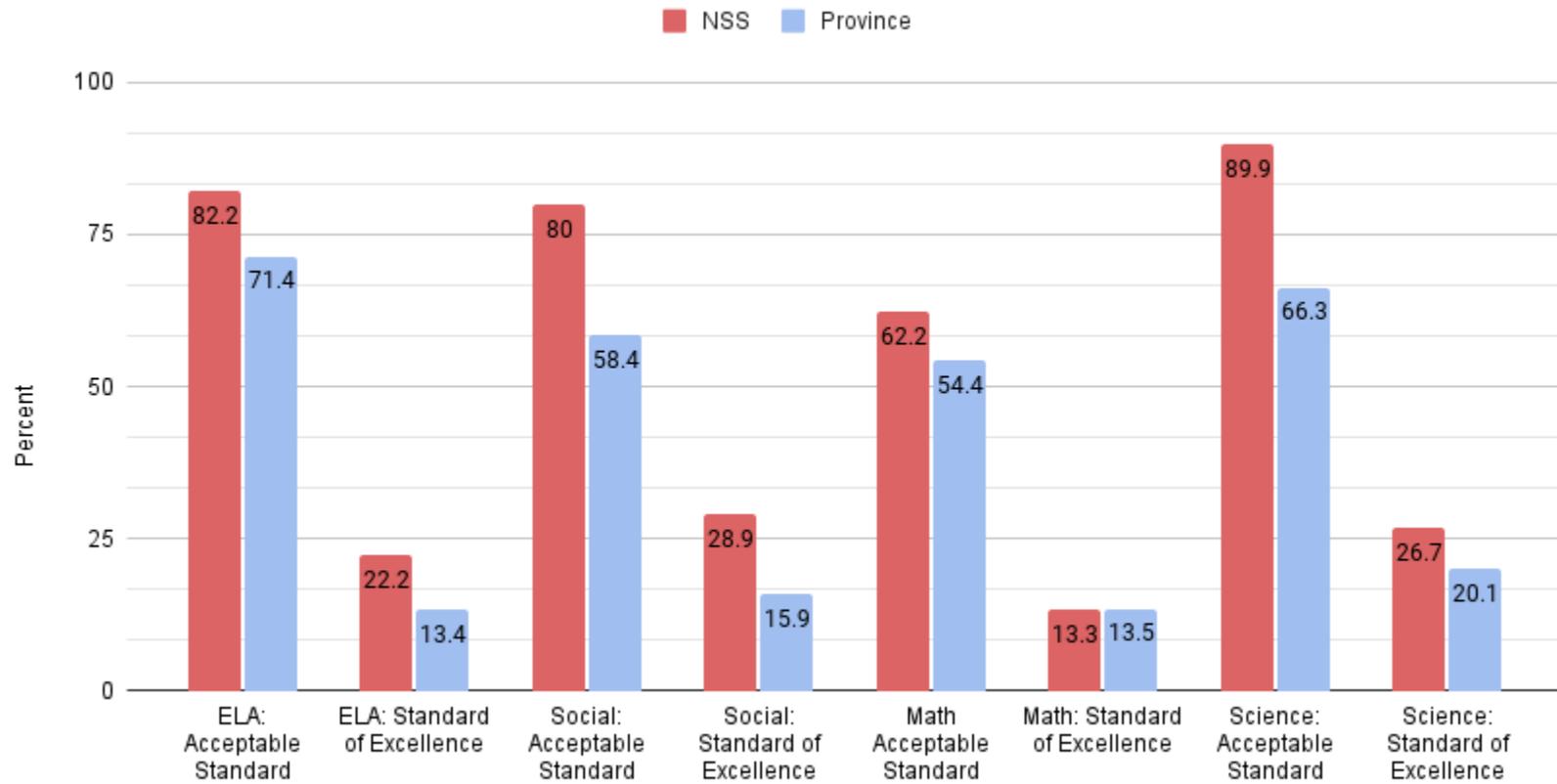
### 3 Year High School Completion

This is the first year since joining the Palliser School Division that this has been reported on. A score of 100% was reached in this category which is well above the Provincial average. As this was the first year this has been reported for the school it is expected to see some decline in the future as due to increase in student population size.

### PAT Results

Provincial achievement results for grade 9 students continue to be above the Provincial Average in both “Standard of Excellence” and the “Acceptable Standard.”

### PAT Results by Course Compared to the Province Results

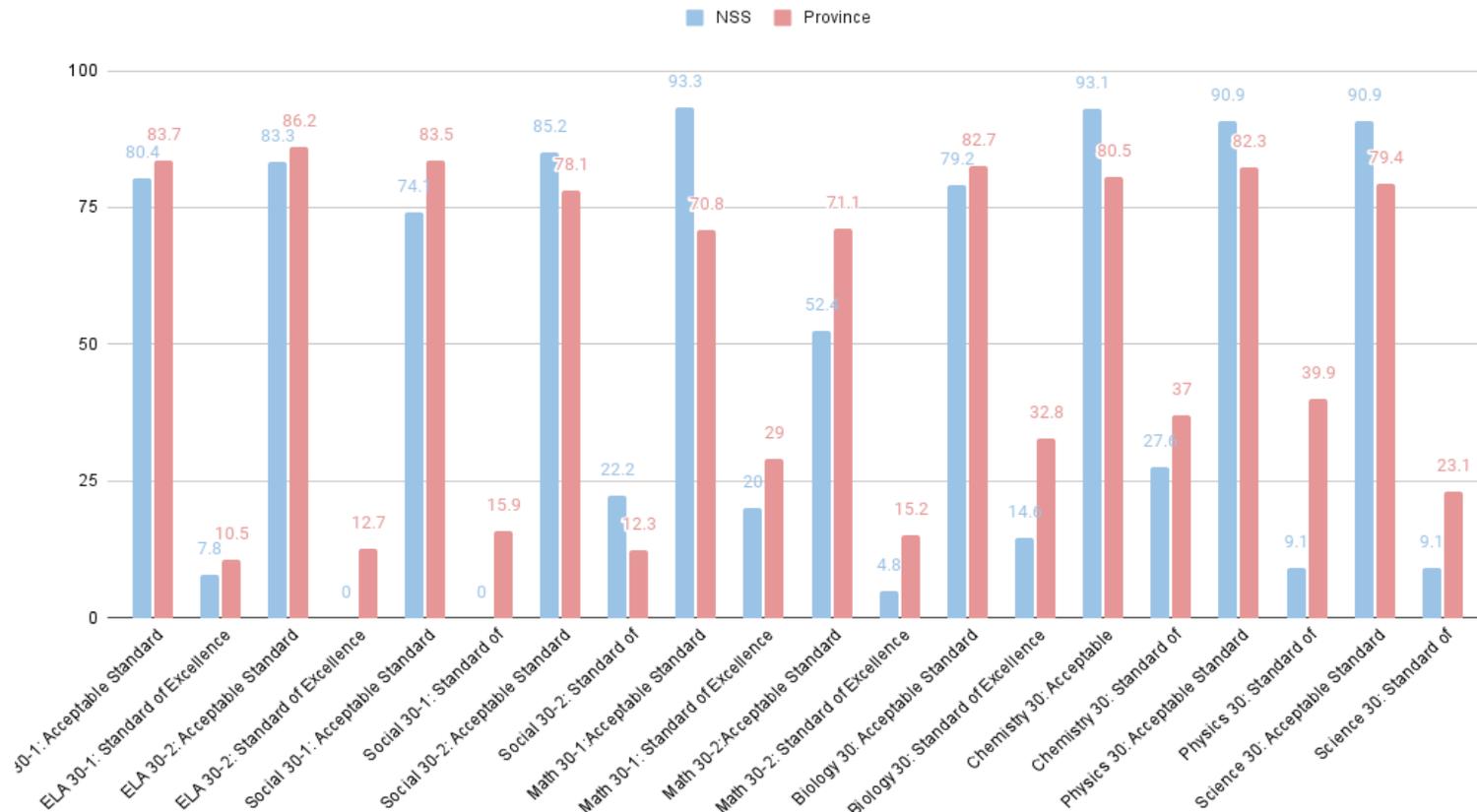


(Note: Acceptable Standards is over 50% and Standard of Excellence is over 80% Results)

## Diploma Results

Diploma Exam results show the National Sport School has varied results across all subjects; it is reflected in the Provincial Average for the “Acceptable Standard” but mostly below in the Provincial average for “Standard of Excellence.” As reflected in the “Learning Plan” the staff endeavours to improve these minor discrepancies by remaining committed to our “Literacy” and “Numeracy” goals and strategies.

Diploma Results by Course Compared to the Province Results



(Note: Acceptable Standard >50%; Standard of Excellence >80%)

**Education Quality**

There was a downward trend in the perceived relevance of the content covered in core subjects as identified by students in Grade 10. This trend is one that requires investigating further; it requires involvement from both parents and students. NSS with Palliser School Division and the [Palliser Off Campus](#) continue to increase the opportunities for students to participate in dual credit and off-campus programming.

**Parent Involvement**

The level of satisfaction in the involvement in decisions about children's education has been maintained and is above the Provincial Average. The National Sport School gives opportunities for parents to be involved in the school monthly through school events such as Meet the Teacher in the fall, Parent-Student-Teacher Interviews, Course Selection/Planning Process each spring, and monthly Parent Council Meetings. Communication with parents in school events continues to be positive.

## Supplemental Assurance Measures(Spring 2024 Alberta Education Report)

Measure	National Sport School			Alberta			Measure Evaluation		
	Current Result	Prev Year Result	Prev 3 Year Average	Current Result	Prev Year Result	Prev 3 Year Average	Achievement	Improvement	Overall
<a href="#">Diploma Exam Participation Rate (4+ Exams)</a>	80.0	n/a	n/a	52.7	3.5	n/a	Very High	n/a	n/a
<a href="#">Drop Out Rate</a>	3.8	n/a	n/a	2.5	2.5	2.4	High	n/a	n/a
<a href="#">In-Service Jurisdiction Needs</a>	98.2	84.3	90.3	81.1	82.2	83.0	Very High	Improved	Excellent
<a href="#">Lifelong Learning</a>	91.7	88.6	88.1	79.9	80.4	80.7	Very High	Maintained	Excellent
<a href="#">Program of Studies</a>	80.3	74.3	77.3	82.8	82.9	82.9	High	Maintained	Good
<a href="#">Program of Studies - At Risk Students</a>	94.5	89.7	91.8	80.6	81.2	81.5	Very High	Maintained	Excellent
<a href="#">Rutherford Scholarship Eligibility Rate</a>	90.0	82.9	82.9	70.7	71.9	70.0	Very High	Improved	Excellent
<a href="#">Safe and Caring</a>	94.3	93.3	94.6	87.1	87.5	88.1	Very High	Maintained	Excellent
<a href="#">Satisfaction with Program Access</a>	70.2	75.2	74.7	71.9	72.9	72.7	Low	Maintained	Issue
<a href="#">School Improvement</a>	87.7	88.8	92.4	75.8	75.2	74.7	Very High	Declined	Good
<a href="#">Transition Rate (6 yr)</a>	n/a	n/a	n/a	60.1	59.7	60.0	n/a	n/a	n/a
<a href="#">Work Preparation</a>	91.8	80.2	81.7	82.8	83.1	84.0	Very High	Improved	Excellent

### Trends and Issues

The data collected is from the previous school year. Due to the National Sport School joining the Palliser School Division in the fall of 2021 not all of the school data is available from Alberta Education.

### Diploma Exam Participation Rate

The Diploma Exam Participation Rate of 80% for the National Sport School is well above the Provincial Average of 52.7%. This is attributed to the number of students who are exploring and obtaining post-secondary entrance.

### Rutherford Scholarship Eligibility Rate

The purpose of the Rutherford Scholarship is to recognize and reward academic achievement of senior high school students and encourage them to pursue post-secondary studies. The National Sport School had 90% of the students eligible for the scholarship which was much higher than the Provincial average of 70.7%. To qualify students must be registered in [five designated courses](#) in at least one grade.

**Safe and Caring**

A score of 94.3% was reported in this category; well above the Provincial Average of 87.1%. Students feel safe at school and traveling to and from school.

**School Improvement**

Is based upon the percentage of teachers, parents and students indicating that their school has improved or stayed the same the last three years. It was reported that 87.7% of the respondents have reported School Improvement with is a slight decline in results over the past 3 years but still above the Provincial Average of 75.8%

# Student Resilience, Stress and Anxiety Reflection

## Trends and Issues

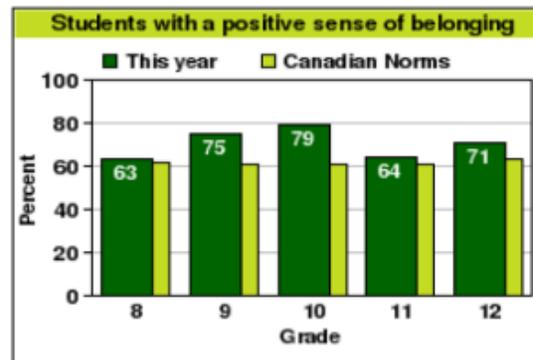
The data collected is from the previous school year and the data sets have been collected through the OurSchool Survey in May of 2024.

### Social-Emotional Outcomes

#### Students with a positive sense of belonging

Students who feel accepted and valued by their peers and by others at their school.

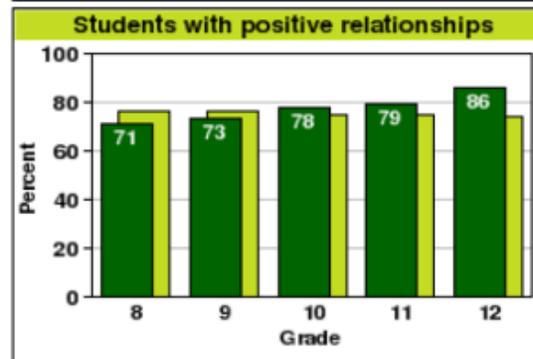
- 72% of students in this school had a high sense of belonging; the Canadian norm for these grades is 62%.
- 66% of the girls and 77% of the boys in this school had a high sense of belonging. The Canadian norm for girls is 56% and for boys is 67%.



#### Students with positive relationships

Students who have friends at school they can trust and who encourage them to make positive choices.

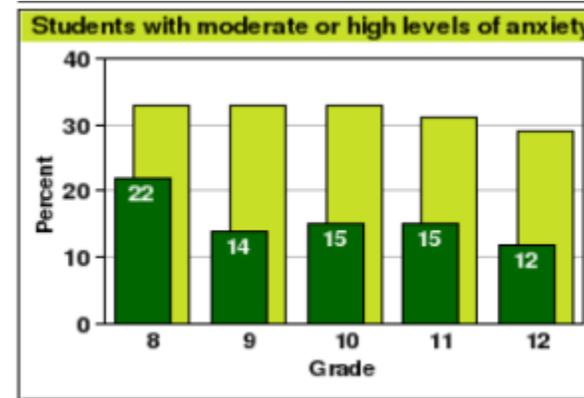
- In this school, 77% of students had positive relationships; the Canadian norm for these grades is 75%.
- 85% of the girls and 71% of the boys in this school had positive relationships. The Canadian norm for girls is 77% and for boys is 74%.



### Students with moderate or high levels of anxiety

Students who have intense feelings of fear, intense anxiety, or worry about particular events or social situations.

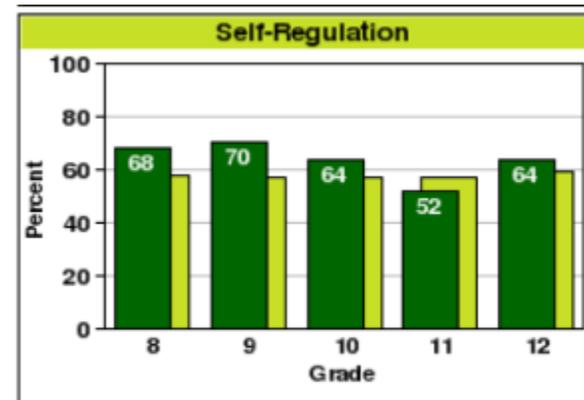
- 15% of students in this school had moderate to high levels of anxiety; the Canadian norm for these grades is 32%.
- 23% of the girls and 9% of the boys in this school had moderate to high levels of anxiety. The Canadian norm for girls is 46% and for boys is 18%.



### Self-Regulation

Students who have the ability to consciously control their emotions and behaviours and maintain focus on a task.

- 64% of students in this school had positive self-regulation; the Canadian norm for these grades is 57%.
- 57% of the girls and 70% of the boys in this school had positive self-regulation. The Canadian norm for girls is 52% and for boys is 63%.

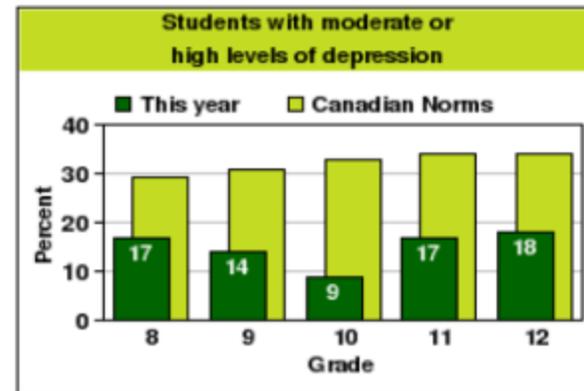


## Social-Emotional Outcomes

### Students with moderate or high levels of depression

Students who have prolonged periods when they feel sad, discouraged, and inadequate.

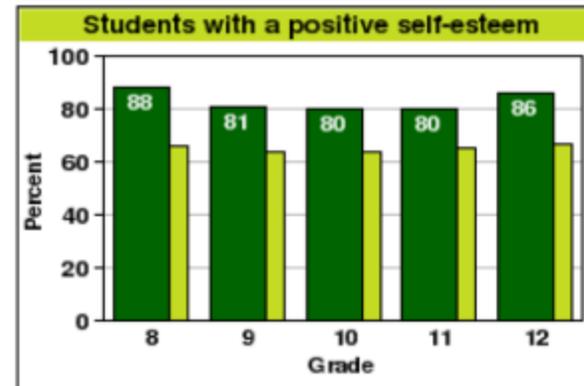
- 14% of students in this school had moderate to high levels of depression; the Canadian norm for these grades is 32%.
- 19% of the girls and 11% of the boys in this school had moderate to high levels of depression. The Canadian norm for girls is 45% and for boys is 20%.



### Students with a positive self-esteem

Students who like and accept themselves, and are proud of their accomplishments.

- 82% of students in this school had high self-esteem; the Canadian norm for these grades is 65%.
- 83% of the girls and 82% of the boys in this school had high self-esteem. The Canadian norm for girls is 59% and for boys is 71%.



## **Reflection**

As has been reported in the above charts, students at the National Sport School are reporting positive levels in all of the social emotional categories that have been selected.

Students at the National Sport School are reporting a high level of positive sense of belonging. The result is 10% above the National norm. Anxiety levels for students at the National Sport School are well below the National norms. Staff continue to work with students through the weekly Teacher Advisory program on ways to manage anxiety in and out of school. The Family School Liaison Counselor, Mental Performance Consultant, and the Wellness Committee guide activities to support student growth in all these areas.

Students reporting moderate and high levels of depression are 18% below the National Average and students reporting positive self esteem are 17% higher than the National Average. Both results are very encouraging but NSS will continue to focus on the wellness of our student population every year.