



2025 Three Year Education Plan Report

Vision Statement

“Culture of Excellence”

Mission Statement

At the National Sport School, we provide a supportive learning environment to enable developing high-performance athletes to mature as self-directed, life-long learners while pursuing excellence in sport.

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Section 1: SCHOOL PROFILE

National Sport School

School Profile

The National Sport School offers Grade 8-12 instruction. The population of the school is 430 as of September 30, 2024, with 110 junior high students and 320 senior high students. The demographics of the school population reflect that of the community, a mix of rural and urban families.

Mission Statement

At the National Sport School, we provide a supportive learning environment to enable developing high-performance athletes to mature as self-directed, life-long learners while pursuing excellence in sport.

Vision

The National Sport School provides an accessible, supportive, and flexible learning environment. Small class sizes, athlete development, leadership training, and access to onsite sport services set us apart. Our flexible program and exam options benefit busy student-athletes. Study and train at world-class training facilities and join our legacy of alumni. Students become successful athletes and graduate from high school with an exceptional education. Our hybrid learning environment combines classroom instruction with online technology. Students are able to continue studies when traveling for training or competition.

Division Statement

Palliser School Division is committed to engendering and supporting the values of the broader society: empathy, integrity, respect, trust, and responsibility. If the children of this community are to realize these values, the division acknowledges its responsibility to provide an exemplary education. It can only do this by establishing a clear sense of the goals it is trying to accomplish, the characteristics of the schools it seeks to provide, and the contributions the various stakeholders must make in order to transform these ideals into reality.


Section 2: STRATEGIC PLANNING

School Goals:

Jurisdictional Goal: All Palliser students will engage in meaningful and optimal learning where the foundational skills of literacy and numeracy are emphasized across all aspects of daily living.			
School Goal:	Measures: including school developed measures.	Strategies:	Reflection:
Reading comprehension across all disciplines will improve.	AERR Anecdotal Observations Collective Reflection Engagement Formative and Summative Assessments	<p>Staff continue: -engage in a school-wide article study "Activating What Students Know" by D. Fisher & N. Frey</p> <p>- engage in professional conversations/ evidence gathering in Professional Learning Communities (PLCs) regarding the explicit teaching of high impact strategies to develop disciplinary vocabulary including discussions, vocabulary strategies and exposure(i.e. annotation, Frayer Model)</p> <p>- Collaborate with students to create interactive word walls designed to enhance conceptual understanding and effectively improve vocabulary retention. This format will support student comprehension and retention of new terms. Vocabulary understanding across disciplines.</p> <p>-With students, staff will: - explicitly teach the Frayer model strategy and annotation strategies - use word walls to organize vocabulary based on concepts and disciplines -</p>	<p>After reflecting on page 12 of the Alberta Education Assurance Measures it is evident that parents, students, and teachers are “engaged in their learning at school.”</p> <p>The PAT Results reported on page 39-50 of Alberta Education Assurance Measures report strong achievement for our students. In 2024, NSS reported 90 students enrolled in Grade 9; however, 64 students completed ELA 9, 75 students wrote Mathematics 9, 82 wrote Social Studies in June, and 86 students wrote Science 9 in January of 2024. Competition and travel plans of our student-athletes impacted the number writing. It is a goal to have more students complete the PATs with confidence.</p> <p>The Student Growth and Achievement reported on page 52 of Alberta Education Assurance Measures indicate improvement in “Diploma Exam Results.” The National Sport School improved overall in the “Acceptable Standard” and the “Standard of Excellence.”</p> <p>It should be noted that NSS does not have a “3 Year Average” reported on the Alberta Education Assurance Measure survey because it was not recorded due to our ‘newness’ to the Palliser School Division. This will be reported in 2026.</p> <p>Students were surveyed in class to reflect on the use of Frayer Model. When 42 students were surveyed 83% reported that this strategy supported application. Recall, and accessibility to relevant content. One student commented: “I find it helpful because it gives easy access with straightforward and simple definitions. It especially helps my understanding when I am away from school and missing classes...”</p> <p>Next Steps: More focused and targeted approaches to reading comprehension strategies at all grade levels have been implemented with the intention to scaffold approaches to encourage student growth in this area. Diploma results are trending in the right direction to support this work.</p>

Jurisdictional Goal: All Palliser students will engage in meaningful and optimal learning where the foundational skills of literacy and numeracy are emphasized across all aspects of daily living.			
School Goal:	Measures: including school developed measures.	Strategies:	Reflection
<p>Numeracy - constant discussion of 'reasonable' answers.</p> <p>Good estimates - logic and reason (no negative answers for population, appropriate size for answers, etc.)</p> <p>Mental math emphasis - especially in Math 9.</p> <p>Incorporate more practice into numeracy skills.</p>	<p>AERR Anecdotal Observations Collective Reflection Engagement</p>	<p>In Professional Learning Communities (PLC), teachers will examine student work in relation to the adjustment cycle.</p> <p>Teachers will get to know their students through analysis of student work, ISPs / Dossier.</p> <p>Teachers will make learning intentions visible and they will align with outcomes from the Programs of Study.</p> <p>Teachers will consistently analyze the accuracy, recency and mastery of assessments.</p> <p>Morning/after school tutorials and flex will be provided to support student learning.</p> <p>The Math team will continue to work with the Grade 9 team to develop strategies around supporting students in math transitions.</p>	<p>After reflecting on page 12 of the Alberta Education Assurance Measures it is evident that parents, students, and teachers are ""engaged in their learning at school."</p> <p>The PAT Results reported on page 39-50 of Alberta Education Assurance Measures report strong achievement for our students. In 2024, NSS reported 90 students enrolled in Grade 9; however, 64 students completed ELA 9, 75 students wrote Mathematics 9, 82 wrote Social Studies in June, and 86 students wrote Science 9 in January of 2024. Competition and travel plans of our student-athletes impacted the number writing. It is a goal to have more students complete the PATs with confidence.</p> <p>The Student Growth and Achievement reported on page 52 of Alberta Education Assurance Measures indicate improvement in "Diploma Exam Results." The National Sport School improved overall in the "Acceptable Standard" and the "Standard of Excellence."</p> <p>It should be noted that NSS does not have a "3 Year Average" reported on the Alberta Education Assurance Measure survey because it was not recorded due to our 'newness' to the Palliser School Division. This will be reported in 2026.</p> <p>Next steps::</p> <ul style="list-style-type: none"> As a teaching team the Professional Learning Community work next year will involve how to improve problem solving and transitional skills year to year to support student growth with numeracy Teachers will work to support "math" transitions by collaborating to activate prior knowledge from the previous Program of Studies. Assessing the use of tutorial time to support student needs and skill development

Jurisdictional Goal: All Palliser students will engage with the foundational elements supporting wellbeing to provide them with the tools and confidence to live a healthy life.																					
School Goal:	Measures: including school developed measures.	Strategies:	Reflection:																		
A comprehensive school health approach	AERR (Safe & Caring) Our Survey Anecdotal Observations Collective Reflection Engagement	<p>Through the use of monthly TA Wellness Activities and the Gratitude Question of the Week, we will create school wide support for wellness.</p> <p>Through the use of weekly TA Activities, the Leadership Group and the NSS staff input we will define what we mean by “The Culture of Excellence”</p>	<p>Students at NSS are well below the Canadian norm as it relates to “students who have intense feelings of fear, intense anxiety or worry about particular events or social situations.</p> <div><p>Anxiety</p><table border="1"><thead><tr><th>Grade</th><th>This year (%)</th><th>Canadian Norms (%)</th></tr></thead><tbody><tr><td>8</td><td>8</td><td>33</td></tr><tr><td>9</td><td>16</td><td>33</td></tr><tr><td>10</td><td>27</td><td>33</td></tr><tr><td>11</td><td>11</td><td>31</td></tr><tr><td>12</td><td>22</td><td>29</td></tr></tbody></table><p>■ This year ■ Canadian Norms</p><ul style="list-style-type: none">• 18% of students at NSS have moderate to high levels of anxiety; the Canadian norm for these grades is 32%.• 21% of the girls and 14% of the boys in this school had moderate to high levels of anxiety. The Canadian norm for girls is 46% and for boys is 18%.<p>The teachers at NSS and the Wellness Team continue to focus on these student needs with intentional practice in our Tuesday TA throughout the 2024-2025 school year as well as general classroom discussions and expectations, and in our professional development.</p><p>Next Steps:</p></div>	Grade	This year (%)	Canadian Norms (%)	8	8	33	9	16	33	10	27	33	11	11	31	12	22	29
Grade	This year (%)	Canadian Norms (%)																			
8	8	33																			
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			<p>In OurSurvey results from November 2024 and May 2025 shared stats that indicate we need to find support for our students in “Bullying and Exclusion:”</p> <div><p>Bullying and Exclusion</p><table><tr><th>Category</th><th>Percentage</th></tr><tr><td>2025 May</td><td>16%</td></tr><tr><td>2024 November</td><td>19%</td></tr><tr><td>Canadian Norm</td><td>19%</td></tr></table></div> <p>Our Family School Liaison Counsellor has indicated:</p> <p>Bullying and exclusion as a presenting problem average nearly half of FSLC's caseload. Judgement from peers is a strong concern for many students at NSS. Students report gender based stigmas are still in place, and act as barriers for accessing mental health support. Programming with partners such as Empower Her, and Next Gen Men are beneficial for shifting perspectives and providing necessary support to our student population.</p> <p>The NSS staff is committed to utilizing Empower Her, and Next Gen Men to proactively address this student concern in the 2025-2026 school year.</p>	Category	Percentage	2025 May	16%	2024 November	19%	Canadian Norm	19%
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Section 3: TRENDS & ISSUES

- Student enrollment continues to increase. In the 2025-2026 school year NSS is projected to have 500 students; this is 70 more students than the 2024-2025 School Year. As the student population increases this is the focus that needs to be utilized to continue to develop a strong National Sport School culture and climate that builds positive social and learning relationships.

Section 4: PROFESSIONAL LEARNING PLAN

August 26-28th, 2024 - Site-Based Planning and School Year preparation

August 29th, 2024 - Division Opening

August 30th, 2024 - Site-Based Planning and School Year preparation

September 27, 2024 - Division-Wide PD Day - Collaborative Day

October 25th, 2023 - Site-Based PD - Student Engagement and more

November 4th, 2024 - Wellness Symposium

November 5th, 2024 - Literacy Symposium

November 6th, 2024 - Numeracy Symposium

November 29th, 2024 - Site-Based PD - Numeracy, Literacy and Wellness connections

February 20th & 21st, 2025 - Teachers' Convention - Individual PD Sessions

March 21st, 2025 - CSTAG scenarios and Trusted Adult in the Building development

May 6th, 2025 - Literacy Symposium

May 13th, 2025 - Numeracy Symposium

May 17th, 2025 - Introduction to NextGenMen, Building Relationships, Learning Plan 2025 Development

May 20th, 2025 - Wellness Symposium