



Suite 110, 151 Canada Olympic Road S.W., Calgary AB T3B 6B7 t | 403-777-7329 nss main office@pallisersd.ab.ca



# Bulletin #21 February, 2024

# **Important Dates:**

February 9: No Classes for Grades 8&9

**February 12:** NSS Bikeathon Registration Opens (Bikeathon will be on May 10th from 7am-7pm) **February 13:** Parent Council Meeting 6:30pm **February 14:** Valentine's Day Dress Up Day - Red,

White, Pink, Hearts

**February 20&21:** No Classes for Grades 8&9 **February 22&23:** Teachers' Convention

February 28: Pink Shirt Day

#### **GRAD CLASS OF 2024:**

Can all grade 12s please ensure they have **accepted** the invitation for **NSS Class of 2024** on google classroom? This will be our main form of communication so please check google classroom regularly for information and announcements.

Our **FIRST GRAD MEETING** will be **Wednesday**, **February 7th at lunch** in Ms. Biegler's room 121 (if we fit) or the student area. Sorry there was an error in the date on the last bulletin.

# **CALM (Career And Life Management):**

Grade 10-12 Students: **CALM** is a required course to graduate!!! If you have NOT taken it and you have some space in your schedule next semester, see Mrs. Kilbreath in the student area to register to take this online next semester.

#### 2024 Bikeathon:

Congrats to Sara W. who is the winner of the 2024 Bikeathon Logo Design contest! Sara's artwork will appear on all of our Bikeathon t-shirts, posters, and advertising for our May 10th event.



# Bikeathon 2.0 is coming to NSS Friday, May 10, 7:00am to 7:00pm!

Join in the fun, and support an amazing cause! This year's goal is to raise \$10,000 for Kidsport.

#### Registration for Bikeathon will open Monday, Feb.

<u>12.</u> Please enter your teams using Google forms: watch for QR codes posted around the school, and there will be a link in next week's bulletin.

Early registration is \$25 per rider (Feb.12 to April 12). Late registration is \$35 per rider (April 13 - May 3). This fee can be paid through SchoolCash. Entry includes a t-shirt and access to the Rider Lounge (full of snacks!) on the day of the event.

There will be a separate link set up by Kidsport (coming soon!) for anyone who wants to make a donation but will not be riding. If you are donating please use this link once it is available, as you will receive a tax receipt. Please see the last page of the bulletin for some FAQ's!





Suite 110, 151 Canada Olympic Road S.W., Calgary AB T3B 6B7 t | 403-777-7329 nss main office@pallisersd.ab.ca



# **Gratitude Questions of the Week:**

Who is a person who has been helpful to you? How?

# French Challenge:

Any former French Immersion students interested in challenging the French 10, 20 or 30 course, please come to the **Art Room (rm 119) Wednesday, February 7th at lunch** to meet with Miss Anderson for more information and to register.

#### **Matchmaker Forms:**

Matchmaker Forms can be picked up in the main floor student area at lunch on Wednesday, February 14th (Valentine's Day).

#### **NSS Yearbooks:**

Get yours today and preserve the unique experience of some of your most precious years! You can order online through SchoolCash or pay with cash or cheque at the office.



# **US College Expo:**

This is an amazing opportunity for students who are interested in pursuing higher education in the United States. The US College Expo 2024 is a one-day event in Toronto & Calgary where you can meet with special guests and representatives from US colleges, gather information about their programs, and get answers to your questions about the admissions process. The US College Expo will feature a wealth of information, guest speakers, and opportunities to engage with representatives from various US colleges. It's an event tailored to empower students as they navigate the exciting path toward higher education. Don't miss this chance to learn about your options for studying in the US and to have some fun while doing it! Register now for free at https://uscollegeexpo.com/register and we'll see you at the US College Expo.

Sunday, April 28, 2024 11:00AM - 2:00PM Arts Commons

#### **Education USA Webinar Schedule:**

Inclusion and Accessibility on U.S. College Campuses

Wednesday, March 6, 5-6 pm ET

REGISTER HERE. Join Education USA and a panel of U.S. university representatives to learn more about accessibility and inclusion on their campus, including initiatives, resources, centres, and more.





Suite 110, 151 Canada Olympic Road S.W., Calgary AB T3B 6B7 t | 403-777-7329 nss main office@pallisersd.ab.ca



# **Garden Cafe Specials for NSS Students:**

Please note there is no additional student discount on these items.

Monday	Burger & Fries	\$9.95
	Veggie Burger & Fries	\$10.25
Tuesday	Taco in a bag - Doritos, beef, lettuce, cheese, sour cream, salsa	\$6.50
	Tacos - 6" tortillas (2), beef, lettuce, cheese, sour cream, salsa	\$7.50
Wednesday	Chicken Fingers & Fries	\$10.50
	Chicken Caeser Wrap	\$10.00
Thursday	Hog Dog & Fries	\$7.25
	Small Chicken Power Bowl	\$9.50

#### **Student Successes:**

Congratulations to Carver I., for being CTV's Athlete of the Week!! Please have a look at the video below.

#### Carver Isaak: Athlete of the Week

Congratulations to Maddi B who auditioned for Riverdance and will be heading to Dublin for a week in August for the Riverdance Summer School for Irish dance.

Congratulation to both Zie N. and Cooper N. who competed in the Alberta Cup #1 for Trampoline and Tumbling.

Zie finished 1st in Level 7 Trampoline and 6th in Level 5 Double Mini.



Cooper finished 2nd in Level 5 trampoline, 3rd in Level 4 Tumbling and 4th in Level 5 Double Mini.







Suite 110, 151 Canada Olympic Road S.W., Calgary AB T3B 6B7 t | 403-777-7329 nss main office@pallisersd.ab.ca



Congratulations and good luck to Sofia S., Sarah P., Alex M., and Hugh B., who qualified to represent Canada as part of an elite Alberta Alpine Team at the Pokol Loka event in Skofja Loka, Slovenia Feb 10-13<sup>th</sup>.

- Sofia qualified by placing 1<sup>st</sup> in the Alberta Provincial Series GS events Jan 19, 20 in Panorama, BC.
- Sarah qualified with 3 strong finishes; 2nd and 7th in GS and a 4th in Slalom.
- Hugh and Alex qualified by placing 1<sup>st</sup> in the Alberta Provincial Series SL event Jan 21 in Panorama, BC

Here is a photo of some of them leaving today!!



Congratulations to Parker H. who took the silver medal at the 2024 Skate Canada Challenge National Competition and qualified for the Canadian Novice National Championships.







Suite 110, 151 Canada Olympic Road S.W., Calgary AB T3B 6B7 t | 403-777-7329 nss main office@pallisersd.ab.ca



# **Bikeathon FAQs:**

- Do I need to ride for 12 hours? No, the 12 hours of biking is to be covered by your team of riders. You can decide who will ride, when they will ride, and for how long. The recommended team size is 6-8 but any number of riders is allowed.
- Do I need to be there for 12 hours? No, as long as someone is riding, you do not need to be there for the whole time.
- Where will we be riding? The bikes will be set up in CSI in Winsport.
- Will I miss classes? You might miss class while you are riding, but you will not miss all of your classes on May 10. When your team signs up for shifts, try to ride during your spare (if you have one). Teachers are aware that some students will be missing some classes on this day. The main office will have a list of who is riding, and will place an attendance note in Edsby.
- Who can sign up? Your team should be made up of students, teammates, family members, coaches, alumni, etc.
- What if I can't find enough people to make a team? See Mrs Sceviour, and she can put you together with other students who are looking for teammates too.
- How much does it cost? \$25 per rider, which includes a tshirt. Payment can be made online through School Cash. Each student school cash account is set up to take up to 8 entry fees, in case the other riders on your team are not current NSS students.
- Why should I do this? We are very lucky to have the opportunity to take part in many different sports at a high level. Many young Calgarians do not have the money or equipment to play. This is our chance to give back to others!! And it will be fun!!



Suite 110, 151 Canada Olympic Road S.W., Calgary AB T3B 6B7 t | 403-777-7329 nss main office@pallisersd.ab.ca



# **Tutorial Times at NSS ~ Semester 2**

Morning - 8:00 to 8:30 A.M. After School - 3:00 to 3:30 P.M.

Teacher	Time #1	Time #2
Anderson	Tuesday Lunch	Wednesday Lunch
Bamford	Monday Morning	Wednesday After School
Beaudin	Wednesday after school	Thursday at lunch
Biegler	Monday After School	Thursday After School
Boughton	Tuesday Lunch	Wednesday After School
Burkart	Monday Morning	Tuesday & Thursday After School
Brzezinski	Tuesday After School	Thursday After School
Howell	Monday Lunch	Wednesday After School
Katsimihas	Monday Lunch	Wednesday Lunch
Kehler	Wednesday Lunch	Thursday Before School
Pentney	Wednesday After School	Monday Lunch
Pratt	Tuesday After School	Thursday Lunch
Robichaud	Monday After School	Thursday Before School
Sceviour	Monday Lunch	Wednesday After School
Sharda	Tuesday Afterschool	Thursday Lunch
Tarney	Monday Morning	Tuesday/Wednesday Morning
Taven	n.a.	Thursday Lunch
Thomson	Tuesday After School	Thursday Lunch
Zado	Monday Morning	Thursday After School