



Bulletin #22 February 14, 2023

Important Dates:

February 15 – Parent Council Meeting- **Canceled**

February 20 – 24 – no school for students

Matchmaker Forms:

Pick up your matchmaker results at lunch today! Grade 8s and 9s can pick them up on the fourth floor, grade 10-12 can pick theirs up on the main floor student area. Love is in the air.

NSS Returning Registration 2023-2024:

Planning for the next school year is well underway so we're inquiring about your family's plans for 2023-2024.

Will you be continuing at the NSS? Will you be transferring to another school? Please let us know by following this link to our [Continued Registration form](#).

We ask that you complete the form by **Thursday, February 16**.

It's important we get an accurate count of returning students as the wait list for next year's enrolment is substantial. Thank you for your cooperation.

Grade 12 Grad: There will be a Grad meeting **Thursday March 2 at lunch**.

The photographer from LifeTouch will be here to help you prepare for Grad photos on April 21-28. Booking for grad photos will open about March 10.

Grade 12 - Graduation Requirements

All students require CALM credits to graduate in Alberta. Please check your [myPass](#) to ensure you have all the credits you need.

Parent Council:

Parent council meeting has been canceled for February 15, 2023.

French Challenge Exam:

Calling all former French Immersion students! NSS offers you the chance to challenge the French 30 course and earn 15 credits in the process. Candidates must be fluent in French and able to read, write and speak the language with relative ease. This course is offered outside of the time table so students must also be self directed. If you would like to find out more about this second semester opportunity, please come to a brief meeting in room 119 (art room) on Wednesday, February 15th at the start of lunch.

NSS Swag:

NSS SWAG is available once again! **This year all orders will be processed online through "SchoolCash"**. Please see the attached order form for the available items. There will be sample items to try on in the Main Office. Payment must be received before orders will be placed. Deadline to order is **Friday, March 3**. See Mrs. Sceviour if you have any questions.

Bikeathon Breaking News!

The end of the month is approaching, please get your teams together and sign up by Friday, March 3 (extended from Feb. 28) . Payment is due by Friday, March 17 through SchoolCash.

NEW! We will not place any limits on team size (recommended size in 6-8 riders) but you can have more or less as long as you make sure that the wheels on your exercise bike are turning for 12 hours (7 am to 7 pm Friday, May 12). Every rider pays \$25 to take part, regardless of team size. This will cover your t-shirt, and a donation to KidSport. You can raise more money or equipment if you like.

NEW! If you can't find a team, enter as a single rider and we will find you a team. Use the QR code to sign yourself up, and under the team name write "looking for a team."

NEW! The TA with the highest bikeathon participation will win a **pizza party (the most riders signed up and payments received)**. You do not need to be on the same team, or have a TA team, but we want to see as many students participating as possible.

C'mon NSS, let's see your school spirit, and give back to other students who can use our support!!



Student Success:

Kage G - Esso Minor Champions 2023



Leia C- Northern Lights Artistic Swimming Competition in Edmonton – Jan 27-29. Junior Athena Team

- First Place – Team Tech
- First Place – Team Free



Brooke D- Placed 4th in the Snow Rodeo World Cup on February 11, 2023





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Garden Café /NSS Specials—this week:

Week of Feb. 13 - 17 Specials		
Monday	Chili cheese fries	\$6.00
Tuesday	2 hard shell Tacos (beef, lettuce, cheese, sour cream, salsa)	\$6.50
Wednesday	Grilled ham & cheese sandwich & fries	\$9.50
Thursday	Hot dog & fries	\$7.95



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SIZING

CHAMPION® MEN'S SIZING

	S	M	L	XL	2XL	3XL	4XL
CHEST	34 - 36	38 - 40	42 - 44	46 - 48	50 - 52	54 - 56	58 - 60
WAIST	28 - 30	32 - 34	36 - 38	40 - 42	44 - 46	48 - 50	52 - 54

CHAMPION® YOUTH SIZING

	YS (8)	YM (10-12)	YL (14-16)	YXL (18-20)
HEIGHT (INCHES)	50 - 51	55 - 58	62 - 64	67 - 68
WEIGHT	55.5 - 59	73.5 - 87	100.5 - 115	126.5 - 137
CHEST	27	28 - 29.5	31 - 32.5	34 - 35.5
WAIST	24.5	24.5 - 25.5	26.5 - 27.5	28.5 - 29.5

[illegible]



Polar Bear Ride FAQs

- Do I need to ride for 12 hours? No, the 12 hours of biking is to be covered by your team of 6-8 riders. You can decide who will ride, when they will ride, and for how long.
- Do I need to be there for 12 hours? No, as long as someone is riding, you do not need to be there for the whole time. You can keep your teammates company while they ride and cheer them though.
- Where will we be riding? The bikes will be set up in CSI in Winsport.
- Will I miss classes? You might miss class while you are riding. But you will not miss all of your classes on May 12. When your team signs up for shifts, try to ride during your spare (if you have one). Teachers are aware that some students will be missing some classes on this day. The main office will have a list of who is riding, and will place an attendance note in Edsby.
- Who can sign up? Your team should be made up of 6-8 students, teammates, family members, coaches, alumni, etc.
- What if I can't find enough people to make a team? See Mrs Sceviour or Ms Spencer, and we can put you together with other students who are looking for teammates too.
- How much does it cost? \$25 per rider, which includes a tshirt. Payment can be made online through School Cash. Each student school cash account is set up to take up to 8 entry fees, in case the other riders on your team are not current NSS students.
- Why should I do this? We are very lucky to have the opportunity to take part in many different sports at a high level. Many young Calgarians do not have the money or equipment to play. This is our chance to give back to others!! And it will be fun!!

Some fun facts about Polar Bears!!

- Polar bears are classified as marine mammals.
- A polar bear's skin is actually black.
- Less than 2% of polar bear hunts are successful.
- Scientists can extract polar bear DNA from just their footprints.
- They can swim constantly for days at a time. If a real polar bear can swim for days, then you and a few friends can ride an exercise bike for 12 hours!!

SIGN UP!! Deadline to enter is Feb. 28!