



## Bulletin #14 December 6, 2022

### Important Dates:

**December 13** – TA Gingerbread House Decorating

**December 15** – Gingerbread House Judging at lunch

**December 19 – 23** – Christmas Sprit Week

- **Monday, Dec. 19** – Wear Red & Green
- **Tuesday, Dec. 20** – Ugly Sweater Day / TA potluck
- **Wednesday, Dec. 21** – Dress Glitz & Glam
- **Thursday, Dec. 22** – Dress as Santa or Elves
- **Friday, Dec. 23** – Wear Christmas pajamas

### Christmas Spirit Week:

Be the first one to find the Elf on the Shelf (one on each floor). See Ms. Spencer on the 4th floor and Ms. Kilbreath on the main floor for your prize.

### Magic of Christmas:

Our last charity collection for this year will be the **Magic of Christmas**, a local organization who supports local families in need. Please see attached wish list of items. Thank you in advance for your generosity. You can donate online [here](#) or there will be a collection box at the main office.

### December Dodgeball Classic:

Games begin this week! Spectators are welcome. Please see the schedule posted in classrooms. Results are posted on the window upstairs beside the kitchen. Remind your teammates when it is your day to play. Games begin no later than 10 minutes after the start of lunch, if you are late, your team will lose by default. Games will finish with 5 minutes left in lunch to get to class. Dodgeball is not an excuse to be late for class. (Schedule at the end of the bulletin)

### Homestay Host Wanted:

The NSS is looking for a homestay host family for 1 of our international students visiting from Spain. The student is a recreational alpine skier and is in Grade 9. If you would be interested in hosting this student athlete, please visit [International Education](#).

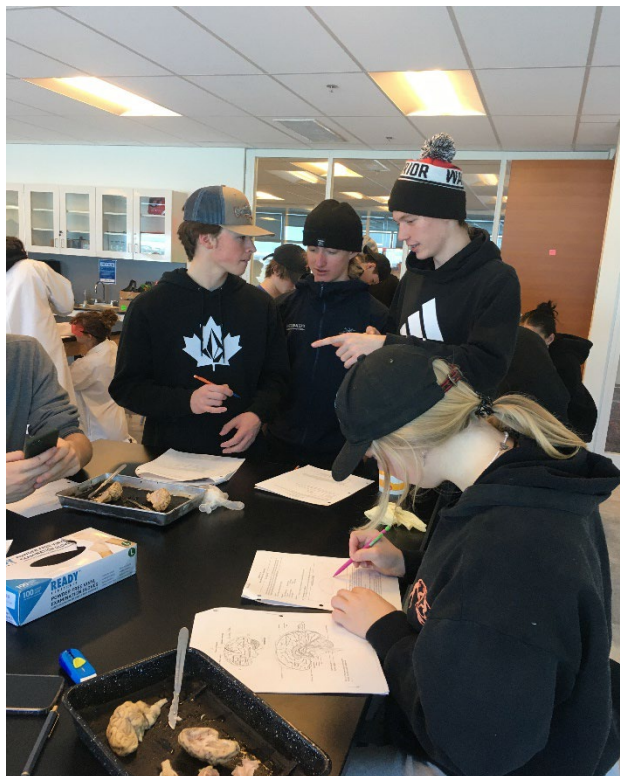
### 2023 – 2024 School Year:

The National Sport School is currently taking applications for the 2023-2024 school year. Early application deadline is December 23rd. Space could be limited in some grades so apply early. [Apply here](#)

### Last Year's yearbooks:

Hello NSS families! Are you looking for a unique gift for your student athlete and missed out on ordering LAST YEAR's National Sport School Yearbook? Not to worry! We have some leftover copies of the 2021-2022 yearbook available for purchase for \$30. If you would like to grab one before they are gone, please contact Ms. Hubbard at the main office. Payments can be made online.

## New Science Lab in use:





December 6	December 7	December 8
Nate's Team vs The FN's The FN's vs Ball Busters Ball Busters vs Nate's Team	Balls of Fury vs Speedy Blue Bubbles Speedy Blue Bubbles vs Daj Mabals Daj Mabals vs Balls of Fury	Ball of Duty vs Ball Busters Ball Busters vs Angry Bird Angry Bird vs Ball of Duty
December 13	December 14	December 15
Daj Mabals vs Flow Flow vs The Mighty Duckers The Mighty Duckers vs Daj Mabals	Nate's Team vs Ball of Duty Angry Bird vs Nate's Team The FN's vs Angry Bird	Balls of Fury vs Flow The Mighty Duckers vs Balls of Fury Flow vs Speedy Blue Bubbles
December 20	December 21	December 22
The FN's vs Ball of Duty Speedy Blue Bubbles vs The Mighty Duckers	Semifinal Round 1st Elf vs 2nd Reindeer 1st Reindeer vs 2nd Elf	Final Round Winner of Semifinal matches





## CHRISTMAS WISH LIST

*All gift donations must be new, unused and unwrapped. We cannot accept used or worn donations.*

### WISH LIST BY AGE GROUPS

#### Infants & Children

- Toys & Play sets
- LEGO
- Games & Puzzles
- Colouring & craft kits
- Gift cards from Toy Stores
- Kids Hockey sticks
- Pajamas
- Mittens, scarves, hats, snowsuits, snow boots
- Diapers (All sizes)
- Blankets & bedding
- Books and interactive learning toys

#### Tweens & Teens

- Model Kits (Planes, Cars)
- Remote Control car kits
- Sports Equipment
- Skateboard & helmet
- Candles & Oil diffusers
- Gift Cards
- Craft & Art supplies
- Headphones or Bluetooth speakers
- "Cool" water bottles
- Event tickets

#### Parents & Grandparents

- Blankets/Throws
- Tools – Home Depot/RONA/Canadian Tire gift cards
- Fashionable scarves or jewelry
- Books – Chapters/Indigo/Coles gift cards
- Transit Passes
- Seasonal hats & ball caps

### WISH LIST BY CATEGORIES

#### Clothing & Self-Care

- Coats, Hats, Gloves
- Housecoats & Slippers & Pajamas
- Self-care – Hair, skin or bath sets
- Shaving products
- Perfume or Cologne

#### Entertainment

- Board Games
- Movies
- Tablets

#### Household Gifts

- Houseware, cookware & bakeware
- Blankets & Bedding
- Grocery & Drug Store Gift Cards
- Small kitchen Appliances
- Towels in all sizes

#### Pets

- Chew Toys
- Pet Store Gift Certificates
- Pet Wash Vouchers
- Pet food bowls
- Canned Pet food (Cat or dog)

#### Activities

- Movie Tickets/Combo passes
- Attraction passes – Calgary Zoo, Telus Spark, Heritage Park, etc.
- Coffee Shop Gift Cards – Tim Hortons, Starbucks, Second Cup, etc.
- Restaurant Gift Cards
- Show Tickets – Ballet, Disney on Ice, etc.



The motto at the Magic of Christmas is; Loving, Caring, and Sharing so we ask that toys and gifts donated promote this message. Please do not donate toys or gifts that promote violence, such as guns, violent or scary movies as examples.

## Guidance for Preventing the Spread of Illness



Over the past two years, Palliser School Division has implemented safety protocols to support a healthy and safe environment for students and staff. We are continuing to implement a number of safety protocols this school year to mitigate the spread of COVID19 and other illnesses in our division. These protocols are based on guidance for preventing illness from Alberta Public Health. Working together, we can help our schools stay healthy and continue to protect our staff, students and communities.

We will continue to support the following approaches to ensure the safety of students and staff:



### Stay home when sick:

A daily check for symptoms of common illness and staying home when unwell is one of the most effective ways to curb the spread of common viruses. For more information on symptoms and advice, please visit AHS Symptoms.



### Frequent hand washing:

Hand hygiene is another critical tool for stopping germ spread. Staff and students are encouraged to wash or sanitize their hands frequently throughout the day, with particular emphasis on:

- Entering the school
- Before and after eating
- After using the washroom
- Before and after using common equipment



### Masking:

Wearing a mask is a personal choice and students will be supported in their choice. Alberta Health Services lists masks as a tool that can help reduce the risk of spreading illness and reducing risk of personal infection. Disposable masks continue to be available at our schools for anyone who requests one.



### Air Quality:

During the pandemic, measures were taken to improve airflow and quality. Higher quality filters installed in the Air Handling Units

- Increase the operation time of air filtration systems
- Portable air filtration systems when needed
- Opening a window, if the temperature allows
- Continuing to bring in a higher percentage of outside air
- Manufacturers' recommendations followed



### Cleaning and disinfecting:

The Division continues to follow enhanced cleaning protocols developed over the pandemic. Frequent touch surfaces, such as door handles, hand rails and water fountains will be sanitized throughout the school day.



### School Gatherings:

In person celebrations were missed over the pandemic, and we are very pleased to be moving back to gathering together. To ensure the success of these events, and to keep families healthy over the holiday season, please consider keeping your students and family members who are showing signs of illness home. Those who attend in person can help by practicing good hand hygiene.



### Further Resources:

We encourage you to review individual school policies regarding illness.

AHS Guide for Outbreak Prevention and Control in Schools:  
<https://www.albertahealthservices.ca/assets/healthinfo/flu/hi-flu-schools.pdf>

AHS Guide for Hand Washing:  
<https://www.albertahealthservices.ca/assets/healthinfo/ipc/if-hp-ipc-flu-handwash-how-to.pdf>



## January 2023 Final Examinations - Grade 10 - 12

Monday, Jan. 9	Tuesday, Jan. 10	Wednesday, Jan. 11	Thursday, Jan. 12	Friday, Jan. 13
Classes Resume			ELA 30-1 (Part A) ELA 30-2 (Part A) 9:00 - 12:00 Room 112 & 114	Social 30-1 (Part A) Social 30-2 (Part A) 9:00 - 12:00 Room 403 (4th floor)
Monday, Jan. 16	Tuesday, Jan. 17	Wednesday, Jan. 18	Thursday, Jan. 19	Friday, Jan. 20
Last Day of Classes Grades 10-12	Tutorials Available as Needed		Math 30-1 9:00-12:00 Room 117  Math 30-2 9:00-12:00 Room 114	ELA 30-1 (Part B) ELA 30-2 (Part B) 9:00-12:00 Room 117 Room 118
	Science 10 (Robichaud) 9:00-11:00 Rooms 117 & 119	Bio 20 (Sceviour) 9:00-11:00 Rooms 120 & 121	Physics 20 (Taven) 9:00-11:00 Room 122	Chem 20 (Biegler) 9:00-11:00 Room 121
	Social 20 (Part A) (Sharda) 1:00-3:00 Rooms 113 & 114		Math 20-1 9:00-12:00 Room 107 Math 20-2 9:00-11:00 Room 114	Math 10C (Boughton) 9:00-12:00 Room 113 Room 117
Monday, Jan. 23	Tuesday, Jan. 24	Wednesday, Jan. 25	Thursday, Jan. 26	Friday, Jan. 27
Social 30-1 (Part B) Social 30-2 (Part B) 9:00-11:30 Room 117	Social 20 (Part B) 9:00-11:00 Room 113 Room 114	Bio 30 9:00-12:00 Room 117	Chem 30 9:00-12:00 Room 117	Science 30 9:00-12:00 Room 117
Monday, Jan. 30	Tuesday, Jan. 31			
PD Day	First Day of Semester 2			

## January 2023 Final Examinations - Grade 8 - 9

Monday, Jan. 23	Tuesday, Jan. 24	Wednesday, Jan. 25	Thursday, Jan. 26	Friday, Jan. 27
Science (Forsyth) PAT 9:00-10:15 Rooms 410 & 411	Last Day of Classes for Grade 8s and 9s	No regular classes for 8s and 9s but students may be invited by their teachers to complete missed expectations or assignments. (Note: Junior High students at NSS meet Alberta Education requirements for instruction because of the high school operation expectations.)		
Monday, Jan. 30				
PD Day	First Day of Semester 2			