



winSPORT™



Palliser  
Regional Schools

## National Sport School

Suite 110, 151 Canada Olympic Road S.W.,

Calgary AB T3B 6B7 | 403-777-7329

Office Admin: [danika.dinko@pallisersd.ab.ca](mailto:danika.dinko@pallisersd.ab.ca)

## **Bulletin #19 Feb. 1, 2022**

### **Important Dates:**

January 31st - second semester starts

February 1st - Report Cards visible in PowerSchool

February 21st - Family Day - no school

February 23rd - Pink Shirt Day

February 24 & 25 - no school for students(Teachers' Convention)

### **Report Cards and PowerSchool**

Report cards have been sent home on paper in TA today. PowerSchool also displays final grades with comments and is best viewed on your desktop computer(the PowerSchool App on your phone is not great for viewing).

### **Student Leadership**

Student leadership meets on Wednesdays at lunch in Room 120 with Mrs Sceviour. New (and old) members welcome!

### **NSS Apparel**

We have a few extra hoodies and crewnecks for sale. Cost of each piece is \$40. See Mrs Sceviour for further information.

### **Matchmaker Forms**

Fill out a matchmaker form in TA on Tuesday, Feb. 1, and the computer will find your match! Forms must be completed and returned to your TA by Wed Feb. 2. Computer matches can be picked up on Monday, Feb. 14 in the student area.

### **Dress in Canada Gear**

Dress in Canada Gear on Tues Feb. 8. Support our Olympic athletes, 24 NSS alumni and one current student are competing in Beijing!!

### **Textbook Return:**

Students: Return your Semester 1 textbooks to your subject teachers.

### **Rapid Tests and Masks are available:**

Additional rapid tests have arrived! NSS students can pick up one more test per student at the front desk. Masks are available daily at the front desk and readily in classrooms.

### **Arenas REP Access Card:**

As you may be aware, WinSport has a COVID-19 Restrictions Exemption Program (REP) in place at the Arenas in the Markin MacPhail Centre. This impacts our students who train at the facilities and those that choose to access the Garden Café at lunch through the REP zone. To make accessing the REP zone more efficient, NSS have worked with WinSport to create a Vaccine Status Card for all NSS students and staff who can show proof of their double vaccination, along with photo ID. If you would like to receive one of these cards, please visit the PTC Guest Services desk, state that you are with NSS and would like to receive your vaccine status card. They will ask for proof of your double vaccination and photo ID. Once you have received this card, you can show it to security to enter the REP zone.



**Palliser**  
Regional Schools

## National Sport School

Suite 110, 151 Canada Olympic Road S.W.,

Calgary AB T3B 6B7 | 403-777-7329

Office Admin: [danika.dinko@pallisersd.ab.ca](mailto:danika.dinko@pallisersd.ab.ca)

### **Garden Cafe:**

Closed until further notice; however, students can use this space to eat their lunch and therefore we are still supervising that area. Students and staff need to show vaccination records to access this area.

Recordings of past sessions are also available on [this page](#) (including Accountant, Doctor, Dietitian, Paramedic, Heavy Equipment Technician, Licensed Practical Nurse, Operating Room Nurse, Teacher, Welder and Veterinarian).

### **REFOCUS (Supporting your child's Executive Functioning)(Advertisement)**

This 10-week program will provide parents and caregivers with important information about executive functioning and how it impacts children and teens with ADHD. Parents will learn tools and strategies to help them support their children with the areas of executive functioning that are challenging for them, and practice applying them in their homes. Through a combination of psychoeducation, self-reflection, role-play, and real-life practice and experimentation, group members will gain insight and skills to help their young people be more successful. [Click here](#) for more information.

### **Career Notes - January, 2022**

**Career Exploration Sessions** - Check out these live virtual sessions to learn more about some fascinating careers.

- Wind Turbine Technician –  
Wednesday, February 16, 2022  
5:00pm – Register [HERE](#)
- Plumber – Thursday, March 24, 2022  
4:30pm – Register [HERE](#)
- Neuroscientist – Wednesday, April 27,  
2022 4:30pm – Register [HERE](#)



WINSport™



Palliser  
Regional Schools

## National Sport School

Suite 110, 151 Canada Olympic Road S.W.,

Calgary AB T3B 6B7 | 403-777-7329

Office Admin: [danika.dinko@pallisersd.ab.ca](mailto:danika.dinko@pallisersd.ab.ca)

## STEM and Emergency Services

### careers:

Last year, the organization, [We Build a Dream](#) hosted a virtual event aimed at inspiring the young women of Palliser to pursue careers in the trades, STEM and Emergency Services careers. Our turnout last year was 253 parents and students and the feedback from the event was very positive. We are once again hosting an event for families on February 8th from 6-8:30 PM. As stated, the intended audience is females from grades 7-12, but last year we included ages in lower grades as well. It should also be noted that young men are welcomed to attend as well, but it will be directed at encouraging young women to pursue underrepresented female careers.

As a parent or guardian of a grade 7– 12 student, we invite you to attend the Build a Dream Digital Career Discovery Expo on Tuesday, February 8th at 6:00pm-8:30pm MST. This FREE event gives you and your child the chance to explore a wide range of career paths. It includes a Dream Maker Panel which will feature women who talk about their careers and give advice, an Industry Panel where companies and organizations will share information on what they look for in a candidate and how to get an edge, and a Pathway Presentation where a school board representative will discuss programs accessible in high school. There will be opportunities to ask questions, prizes, games and more!

To register, please visit:

<https://www.webuildadream.com/event/palliser22/>

**Credit for Driver's Education is now available to students.** Present your "Notice of Driver Education Course Completion " to Mrs. Topp or Mr. Jewan to receive a **one credit Driver Education Credential** that will appear on your High School transcript.

**John Hasselfield Scholarships** are available for athletics, arts and education (not post-secondary) to students who have faced financial hardship or other obstacles (maximum \$400). Apply at [johnhasselfield.com](http://johnhasselfield.com) by March 1. Information about this and many more scholarships can be found at [palliseroffcampus.ca/finances](http://palliseroffcampus.ca/finances).

**The U of A Getaway** is a unique opportunity for Grade 11 students to learn more about the University of Alberta on May 27-29. Your adventure will include transportation, accommodations and a whirlwind weekend of exciting events. Only 20 students will be selected across Canada. Apply at [uab.ca/getaway](http://uab.ca/getaway) by January 28.

**Celebrating Student Success**

**(Please note: If you have student-athlete successes to share with NSS please email:XXXX)**

**Mt. Norquay Series 1 U16 Race Results**

**GS Results**

*Men's*

Luc Decelles, 3rd

Nick Berthiaume, 9th

*Women's*

Shae O'Brien, 2nd

Kennedy Peterson, 4th

**SL Results Day 1**

*Men's*

Nick Berthiaume, 1st

*Women's*

Kennedy Peterson, 3rd

**SL Results Day 2**

*Men's*

Nick Berthiaume, 4th

*Women's*

Kennedy Peterson, 3rd

**Mt. Norquay Alberta Cup**

**GS Results**

*Women's*

Eva Vogel, 2nd

Polly Lang, 6th

**SL Results Day 1**

*Women's*

Polly Lang, 2nd

Eva Vogel, 3rd

**SL Results Day 2**

*Women's*

Eva Vogel, 1st



Norquay FIS race Slalom results:  
Julia Culig (team Pano) second and third





WINSPO™



Palliser  
Regional Schools

## National Sport School

Suite 110, 151 Canada Olympic Road S.W.,

Calgary AB T3B 6B7 | 403-777-7329

Office Admin: [danika.dinko@pallisersd.ab.ca](mailto:danika.dinko@pallisersd.ab.ca)

## Our NSS Alumni and current student representing Canada at the 2022 Beijing Olympics

### Alpine

Erik Read 2005-2010

Jeff Read (alt) 2011-2015

Trevor Phillip 2007-2012

### Bobsleigh

Kaillie Humphries 2000-2003

### Biathlon

Christian Gow 2007- 2011

Scott Gow 2004- 2008

Megan Bankes 2014- 2015

### Women's Hockey

Jocelyne Larocque 2005-2006

### Luge

Makena Hodgson 2014-2018

Tristan Walker 2006-2009

Justin Snith 2006-2009

### Freestyle Slope

Max Moffett 2014-2016

### Half Pipe

Noah Bowman 2008-2010

Brendon Mackay 2011-2015

### Ski Jump

Ale Loutitt 2018-2022

Mackenzie Boyd-Clowes 2005-2010

Matthew Soukup 2011-2015

### Snowboard

Brook Voight 2009-2011

Brook D'Hondt 2018-2019

### Speed Skating

Jordan Belchos 2005-2007

Connor Howe 2015-2018

Gilmore Junio 2005-2007

### Ski Cross

Brady Leman 2001-2004

Reece Howden 2016-2017

### Athletes Considered:

Kaylee Allen

Carolyn Maxwell

Cole Zajanski

Devin Wardrope

Natalie Eilers

Nicole Maurer

Mark Hendrickson

Andrew Logino

Dylan Marineau

Liam Gill