



Palliser
Regional Schools

National Sport School

Suite 110, 151 Canada Olympic Road S.W.,
Calgary AB T3B 6B7 t | 403-777-7329 e
michelle.cressy@pallisersd.ab.ca

Bulletin #4 - September 27, 2021

Important Dates

September 28- Terry Fox Run/ Walk

September 30 - Non-Instructional Day
National Day for Truth and Reconciliation.

October 11 - Thanksgiving Day

October 28- School Photo Re-Take Day

Orange Shirt Day:

Orange Shirt Day will take place on Wednesday September 29th. Our school will be observing National Truth and Reconciliation on Thursday so we ask that on Wednesday staff and students come together in the spirit of reconciliation and hope because every child matters.

Forms to be returned:

Student-Athlete Sport Information and Mental Performance Informed Consent forms were emailed out recently. Please return these ASAP to the front desk.

Attendance:

When arriving late from training or leaving early for training you must sign in at the front desk.

Practice SAT Wednesday October 13, 2021:

Students who are interested in writing the practice SAT can sign up with Mr. Jewan. The test will begin at 8:30 am Wednesday, October 13th and will take approximately 3 hours.

Garbage/ Littering

NSS is a guest on WinSport property and we must respect the rules of the facility. They have noticed an increase in garbage since students have returned to school. Please ensure all garbage is put into the garbage bins and not on the ground. Mother Earth thanks you for not littering.

Alberta Post-Secondary Fair:

Institutions from across Alberta are hosting a virtual Post-Secondary Fair for students and parents/guardians. Students must register in advance. There is no need to register for each date, as one registration will provide access to all event dates/times.

To register: [Click to Register](#)

To join the event, login here during the event hours: <https://elaa-launch.6connex.us/event/VirtualELAA/student/login>

The Virtual Event schedule for Fall 2021:

September 27	5:00 - 7:00 pm
September 29	5:00 - 7:00 pm

Accomplishments:

At NSS we are proud of our students' accomplishments in their sport. Please submit yours to michelle.cressy@pallisersd.ab.ca or to your Teacher Advisor to have yours showcased.

National Sport School Facebook Page:

We now have a Facebook page and the link to that page is:

<https://www.facebook.com/National-Sport-School-108687791557370>



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Masks:

Masks are mandatory for everyone while in the building. Proper mask wearing is very important and students are responsible for bringing their own masks.

Parking lot and driving on campus:

A reminder to students to follow all of the posted speed limits and obey all traffic signs while driving on campus. We are starting to get some complaints from tenants and WinSport that some students are not driving in an acceptable manner. Students also need to be cleaning up their garbage in the parking lot. There was a large mess in the parking lot last Thursday.

Cross Country:

Quick XC meeting today - Tuesday at lunch
Room 121 (Biegler)- make sure you have your paperwork and fees in.

Race 2 today 4:30pm at Calgary Academy, Be there at 4 please

Congratulations to the XC team for a great showing in our first week! Only 4 could run this week, but all placed in the top 5!

- Daniel Hall - 3rd
- Rachel Wigginton - 5th
- Keira Hawkins - 2nd
- Ryan White - 2nd

Go Polar Bears!!





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Please note the changes to the timetable:

National Sport School Timetable 2021-2022

Mon, Wed, Thurs			Tuesday – TA Day			Friday	
Period 1:	8:30 – 9:57	87 min	Period 1:	8:30 – 9:50	80 min	Period 1:	8:30 – 9:40
Period 2:	9:57 – 11:25	88 min	TA:	9:50 – 10:20	30 min	Period 2:	9:40 – 10:50
Lunch:	11:25 – 11:55	30 min	Period 2:	10:20 – 11:40	80 min	Period 3:	10:50 – 12:00
Period 3:	11:55 – 1:23	88 min	Lunch:	11:40 – 12:10	30 min	Period 4:	12:00 -1:10
Period 4:	1:23 – 2:50	87 min	Period 3:	12:10-1:30	80 min		
			Period 4:	1:30- 2:50	80 min		