

## **Bulletin #1 September 6, 2023**

### **Important Dates**

**September 7** - School Photos (retakes are Oct 26)

**September 12** - Jersey Day - represent your favourite team!

**September 19** - Terry Fox Run & BBQ

**September 22** - PD Day - no school for students

**September 27** - Meet the Teacher 6:30PM

**September 29** - Orange shirt day

### **Attendance:**

Please report absences any of the following ways:

1. via the EDSBY app (see note below regarding Edsby link)
2. [nss\\_attendance@pallisersd.ab.ca](mailto:nss_attendance@pallisersd.ab.ca)
3. 403-777-7329
4. Students that will be away for more than 3 days will need to complete a [Travel Plan Form](#). Forms are also available at the front desk (or your TA teacher can email one to you).

### **Sign In/Out Sheets:**

If you are leaving early or arriving late please make sure to use the SIGN IN/OUT sheets at the front office. If you do not, you will be marked absent!!

### **Edsby Link:**

For our new parents...we will be emailing links to our student information system (Edsby) shortly.

### **Pick up/Drop off Location:**

Winsport has asked that parents please use the LOOP in front of the Markin MacPhail Centre for student drop off and pick up.

### **Lockers for Grade 8, 9 and 10's:**

Lockers will not be assigned until closer to the end of the month. Stay tuned for more details.

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**Mental Performance Consultant:** If you would like to [book an appointment](#) with Perri Ford please use the above link.

Please bring a signed copy of the [consent form](#) to your first appointment.

### **Performance Training Centre:**

Students receive access to the Performance Training Centre (PTC) at Winsport. See information pamphlet attached. Please complete this [waiver](#). Once students have their waiver completed online they can visit the Guest Services desk in the Markin MacPhail Centre to obtain their membership card. Students will be required to show a current timetable on their Edsby App to prove enrollment or they can wait to receive their student ID cards.

### **Garden Cafe:**

The Garden Cafe will be running weekly specials for students. Stay tuned for more details. Please be reminded that students are to use the bench tables down the hall to eat their lunch.

### **GSA Meeting:**

#### **What is a GSA?**

A GSA is a student-led place of acceptance and safety, to build community and promote wellbeing for all students: gay, lesbian, transgender, bisexual, pansexual, and more!

#### **When is it?**

You can join every WEDNESDAY at lunch! You can also just come check it out if you're curious and leave if it's not your jam. First meeting is on September 13th.

#### **Where is it?**

Mr. Zado's room, 1st floor! Room 112.



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Want to stay up to date with everything going on at NSS? Follow 'nsspsd' on Instagram for all the latest information, events and results!

### Green Certificate Program:

Information included at the end of the bulletin. If interested, please contact Charlene Foster at [charlene.foster@pallisersd.ab.ca](mailto:charlene.foster@pallisersd.ab.ca)

### Student Successes:

Bronze Medal Winners at the U15 Canadian Fastpitch CHampionships

Lauren R, Maya H, Quorra G, Lexi J, Cali J



### NSS Cross Country:

#### PSAT:

All students interested in XC running, please meet with Ms. Biegler in room 121 on Tuesday, September 12 at lunch.

#### NSS Golf Team:

Attention Golfers: There will be a quick meeting at lunch on Thursday, September 7th in room 122 for anyone interested in playing on the NSS Golf Team. Experience is required to join the team. Talk to Ms. Blake or Mr. Pentney if you are unable to make the meeting.

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If you are interested in taking the PSAT here at NSS on October 18, see Ms. Kilbreath in the main student area to sign up. Space is limited.



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### NSS School Clothes Blowout Sale:





Keep your head toasty warm with this fashionable toque: \$15



Tired of borrowing a gym strip or need another one...get yours in either light grey, red or dark grey: \$10



Crewneck Sweater Size Yth XL and Adult Small: \$25



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## Benson Concussion Institute (BCI):

Hello NSS athletes!

Thank you for choosing the Benson Concussion Institute as your trusted medical team for the upcoming season.

We recently updated our online baseline assessment appointment booking. Please carefully read the instructions for **Returning Athletes** and **New Athletes** to our BCI Subscription Program.

### Returning Athletes

If you have completed a baseline assessment with BCI before, you are considered a **Returning Athlete**. Welcome back!

#### Step 1:

You will be required to identify yourself through the link below, with your Provincial Health Card number (PHN) needed for confirmation. Please fill in all the required information.

Please use this link to start:

<https://portal.healthmyself.net/bciconcussion/login#/guest-login?action=book>

#### Step 2:

Choose your Appointment Type:

Please choose: ***Baseline Assessment - Returning Athlete.***

#### Step 3:

Choose a date/time available.

#### Step 4:

Note the name of your organization, complete the required forms, and confirm the email address you would like to use for appointment related notifications.

Once your appointment is confirmed, you can create an account with Pomelo Platform to book future appointments.

### New Athletes

If you have **NEVER** completed a baseline assessment with BCI before, you are considered a **New Athlete**. We look forward to serving your brain health and performance medicine needs this



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season! Please note that a comprehensive pre-season healthy baseline assessment assists our clinical team to tailor medical decisions and management recommendations to your unique characteristics.

**Step 1:**

Please use this link to start:

<https://portal.healthmyself.net/bciconcussion/guest/booking/form/97f1bd8f-7862-4081-b74b-6ce05e56bdcd>

**Step 2:**

Choose your appointment type:

Please choose: ***Baseline Assessment - New Athlete.***

Then choose the date/time for your appointment.

**Step 3:**

You will then need to fill out the Registration form. You will need your Provincial Health Card number for this part.

**Step 4:**

The required E-Forms are in the next section. Please allow about 10 minutes to complete these forms so choose a time when you have no distractions.

[Once your appointment is confirmed, you can create an account with Pomelo Platform to book future appointments.](#)

You will receive a confirmation email once you have submitted your appointment request with your appointment details. There is a link in this confirmation for the **Consent form**. This is the only form you ***need to bring with you to your baseline assessment.***

Our new system will also email you an appointment reminder before your baseline assessment.

If you have any questions about how to access your account to schedule a baseline assessment, please call the clinic at (587) 391-9840 or email [info@bciconcussion.ca](mailto:info@bciconcussion.ca)

Thank you,

The BCI Team





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## **SAIT Digital Youth Programs: Registration is now open!!**

### **Digital Youth Programs**

Digital Youth Programs engage youth in new and emerging technologies to spark curiosity and nurture digital intelligence. Digital Youth Programs will demystify “digital” as we explore what digital is, how digital is impacting our daily lives, and how digital is changing the future landscape of careers and industry.

Our learning pathway aims to prepare our youth to participate and contribute to our ever-evolving digital society. We have partnered with industry experts, school boards, and community outreach programs, to collaboratively create and deliver life-changing experiences for youth that promote and inspire post-secondary programs and career pathways.

### **Art of the Possible Workshops**

Digital Youth: Art of the Possible Workshops are experiences where students will engage with emerging technologies to discover the evolving applications of digital in our daily lives and industry. Designed for students in Grades 6 – 10, students will leave with the understanding of what digital means and how digital is changing the future landscape of career pathways.

Enjoy Art of the Possible Workshops at SAIT's [Digital Youth Studio](#) on our main campus or have a Digital Youth Program Specialist visit your school [for an in- school field trip](#).

### **\*New Workshops and Cybersecurity Month\***

Participate in brand-new offerings this school year with new Art of the Possible Workshops: [Artificial Intelligence and Machine Learning](#)  
[The Internet of Things](#)

Did you know that October is Cybersecurity Month. Participate in our [Cybersecurity Art of the Possible Workshop](#) to explore the security measures that protects our privacy and information in our increasingly interconnected society.

Please contact [dxyouth@sait.ca](mailto:dxyouth@sait.ca) for information and for any questions about the program. National Sport

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# Green CERTIFICATE

Agricultural Training

## APPRENTICE-STYLE AGRICULTURE TRAINING

APPRENTICESHIP-STYLE - WORKFORCE DEVELOPMENT - TRAINING PROGRAM



### WHAT'S IN IT FOR YOU:

- Earn up to (16) Grade 12 diploma credits per specialization completed
- Have fun learning more about agriculture in a practical, hands-on environment
- Increase your knowledge and skill level and gain valuable work experience
- Reach further educational goals; many post secondary agricultural institutions and scholarship programs look favorably upon Green Certificate involvement
- Explore career options in the agriculture industry
- Earn recognition for what you can already do on the farm
- Learn more about crops or animals, agriculture, machinery and farming operations
- Include the experience and training on your resume and add the certificate of completion to your portfolio

### STUDENT REQUIREMENTS:

- 15 years of age
- Enrolled in grades 10, 11 or 12
- AGR3000 - pre-requisite Farm Safety Course

### PROGRAM TIMELINE:

- In general, it takes about one year to achieve completion. In one year, the trainee will experience all of the seasons on a farming operation. Trainees are allowed up to three years to complete their training, if needed.

### STEPS FOR A TRAINEE:

- Attend an induction meeting
- Develop a training plan with your trainer
- Train on all the skills in the book
- Search out additional resources with your trainer to complete all skills (workshops, other producers, agri-businesses)
- Perform an on-farm test of skill competencies
- Communicate regularly with your school representative on your progress
- Attend regional training days when offered by your regional coordinator
- Attend the certification test at a regional test center when scheduled
- Turn in the test report forms to your school representative to receive your credits
- If incomplete, develop a further training plan with your trainer

### STEPS FOR TRAINERS/PARENTS:

- Attend an induction meeting
- Provide a work site with conditions that support the trainee's learning
- Develop a training plan with your trainee
- Mentor trainee on all skills
- Use the workbook as a training guide to develop best management practices
- Encourage and support finding additional resources
- Administer on-farm test with the trainee, signing off on the skill profile sheet when competency has been achieved.
- Support the trainee's attendance at regional certification tests
- Communicate with the school representative on the trainee's progress



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# Green CERTIFICATE Agricultural Training

## APPRENTICE-STYLE AGRICULTURE TRAINING

APPRENTICESHIP-STYLE - WORKFORCE DEVELOPMENT - TRAINING PROGRAM



Alberta Agriculture and Irrigation (AII) works in partnership with the agriculture industry and Alberta Education (via the off campus education policy) to offer the **Green Certificate Program** to all Grade 10-12 Alberta High School Students. Trainees select a specialization and under the guidance of their trainer, work towards mastering all of the skills within their training program. You will learn and master skills in one of the following specializations:

### GREENHOUSE

- Understand Basic Botany
- Establish and Maintain Proper Growing Conditions
- Prepare to Grow Plants Seed, Root and Transplant Propagation Material
- Identify Plant Problems
- Maintain Production Quality
- Market and Sell Products

### BEEKEEPING

- Handling Bees
- Maintaining Bee Health
- Operating Bee Equipment
- Beekeeping Business Planning

### EQUINE

- Production Cycles
- Handling, Behavior and Anatomy
- Facilities and Environment
- Maintain Equine Health
- Administer Nutritional Programs
- Business Management Practices

### FIELD CROP, IRRIGATED CROPS

- Fertilizing and Seeding
- Harvesting, Handling and Storing Grain and Crops
- Land Preparation, Field and Crop Care
- Operating and Servicing Equipment and Facilities
- Management Systems

### COW-CALF, FEEDLOT, SHEEP, SWINE, DAIRY

- Processing and Handling Systems
- Feeding Systems and Rations
- Waste Management and Sanitization
- Reproduction
- Management Systems

### POULTRY\*

- Industry Structure
  - Bird Biology and Animal Welfare
  - Handle Birds and Eggs
  - Barn/Facility Systems
  - Hatchlings, Chicks and Poult
  - Prepare for Ship Out
  - Clean and Maintain Facility
- \*Choose from Broilers, Turkeys, Broiler Hatching Eggs or Table Eggs

### CONTACT:

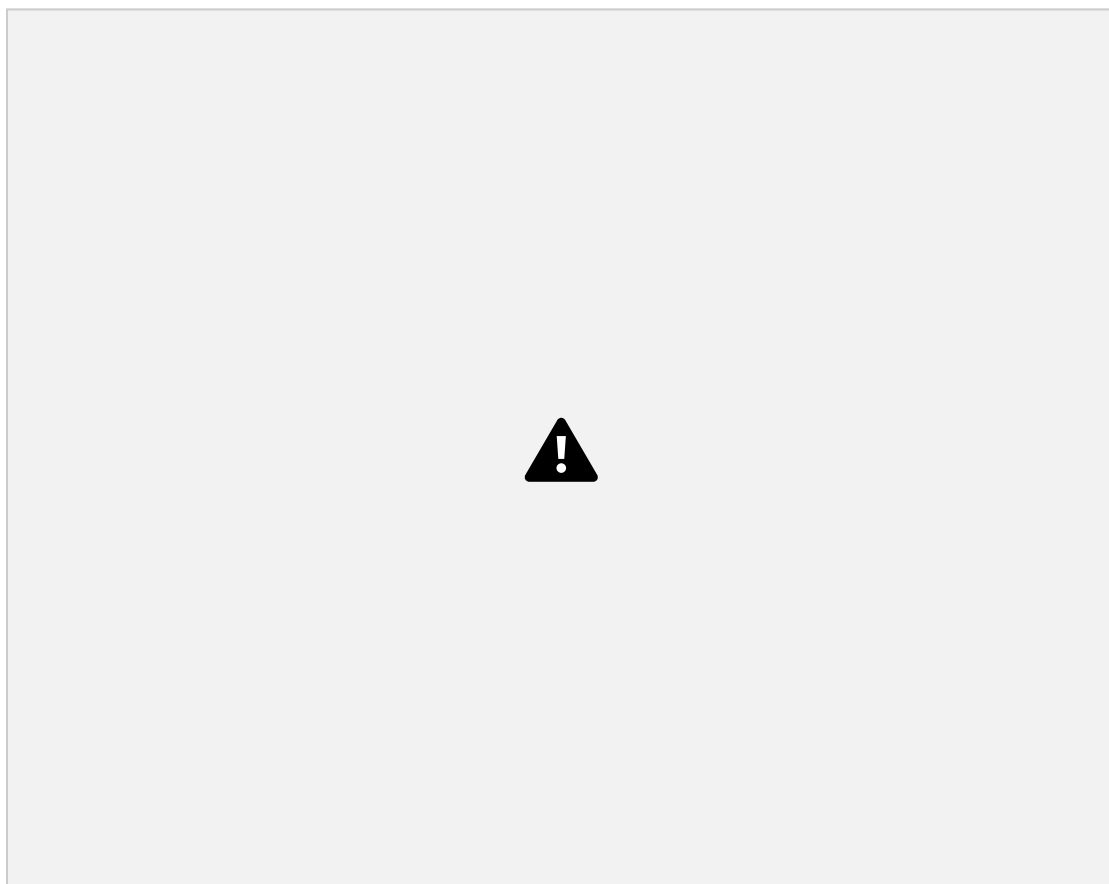
Green Certificate Regional Coordinator:

CENTRAL REGION: Sarah A. (905) 882-1111 ext. 1111  
Phone: (905) 882-1111 Email: sarah.a@greencert.ca

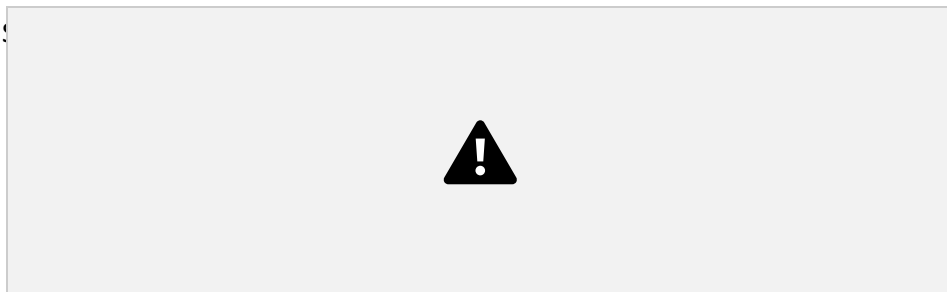


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